

Handy Healthcare

The UK's leading supplier of mobility aids, healthcare aids
and continence care products

Next Day
Delivery
Available



Aids For Daily Living

As widely Used & Recommended By Healthcare Professionals

www.HandyHC.com

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Welcome to

Handy Healthcare

The UK's leading supplier of mobility aids, healthcare aids
and continence care products



Need a rollator or walking frame so you can get around on your own?
... Something to open those tricky jars in the kitchen? ... A bit of
support when getting into the bath? Whatever you need a helping
hand with - **WE HAVE THE PRODUCT FOR YOU!**

All products are carefully designed and selected with you in mind:
to retain your independence and maximise your comfort and safety.
Many products can assist if you are affected by a medical condition or have
a disability. Our comprehensive range includes items for use all
around your home and when you're out and about.



Why not pop into our store for some free, helpful
advice on the products and ranges that best suit
you.



We look forward to seeing you soon!

OUR PRODUCTS COVER A WIDE RANGE FROM:-



Mobility • Rest & Relaxation • Around the Home
Home Safety Eating & Drinking • In the Kitchen
Health & Wellbeing • Dressing & Grooming
In the Bathroom • Toileting & Personal Care
Fitness & Leisure ... **plus much more!**



You can also view all our products online at
www.HandyHC.com

Contour Twist Pillow



Custom shape this pillow to your neck, back, legs, any part of your body! Soft poly foam with bendable linkage inside holds any shape and stays put for a totally new twist on comfort!

Wrap around your neck to relieve stress. Slip it around your waist for low back support. Or shape it over your shoulder to alleviate muscle strain. The Twist supports and aligns your body at home, in the car on the plane, anywhere you go - it's great for travel too!

CTP Price - £28.94 (£34.73 Inc VAT)

Scooter Shopper



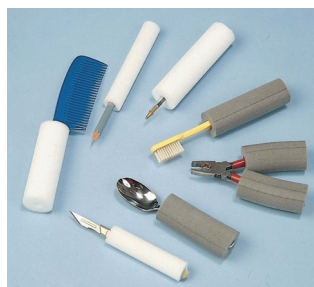
A metal framed shopping trolley which is fully lockable and can be flat packed for easy storage. The shopping trolley has a removable bag which is strong, durable and features a cool liner.

It is also supplied with a FREE scooter attachment which enables the shopping trolley to be mounted to virtually all scooters

SSSU Price - £75.00 (£90.00 Inc VAT)

Thick Plastazote Foam Tubing

Closed cell foam tubing, available in various sizes to provide a built-up handle for easier gripping e.g. cutlery, pens etc. It is non-absorbent, non-sticky, washable and dishwasher safe. Supplied in 1 metre (39") lengths, it may be cut to size. Exact lengths may vary plus or minus 50mm. Only available in Grey.



AA6104M Internal Diameter 6mm - £4.51 (£5.41 Inc VAT)

AA6106M Internal Diameter 9mm - £4.51 (£5.41 Inc VAT)

AA6108M Internal Diameter 6mm - £5.19 (£6.23 Inc VAT)

Folding Cane with Gel Grip Handle



This fantastic new waking stick is attractive addition to the range. The Gel Cane has a fantastic gel grip handle to reduce the stress and fatigue involved with using a walking stick.



DGWS Price £20.00 (£24.00 Inc VAT)

Inflatable PVC Ring Cushion

This ring cushion inflates easily by mouth, making it ideal for use when travelling. The surface has a suede-like feel for additional comfort. External diameter 475mm (18"). Weight 150g.



AA3939 Price £14.56

Handy Bar



Simple, lightweight stainless steel bar with soft, non-slip hand grip, slides into car door latches to provide a



strong, secure assistance in getting in and out of a car. Acts as a grab bar without need for costly or unsightly adaptations. Only 300g and 230mm (9 1/4") long, it is easy to store in the car or carry along. Can be used on nearly any car door frame.

40013 Price £21.99 (£26.39 Inc VAT)

Coloured Non Spill Beakers



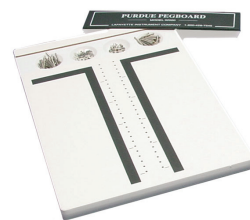
Coloured feeding cups with an angled spout to facilitate use. The cup is grooved to improve grip and the unique valve ensures flow control and virtually no spills. these colourful cups can be used to differentiate between users or contents, or simply to add interest. Weight 75g



AA5723B	Blue	Price £5.74 (£6.89 Inc VAT)
AA5723I	Yellow	Price £5.74 (£6.89 Inc VAT)
AA5723E	Green	Price £5.74 (£6.89 Inc VAT)
AA5723F	Pink	Price £5.74 (£6.89 Inc VAT)

Purdue Pegboard Test

Tests dexterity. Measures two types of activities: one involving gross movement of hands, fingers and arms; and the other involving fingertip dexterity. Includes manual with instructions, normative data and 25 record blanks. A stopwatch, which is needed for administration of the test, is not included.



A9291 Kit Price £168.68 (£202.42 Inc VAT)



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Prices in brackets are exclusive of VAT. If you qualify for VAT relief, please sign and return the declaration box on the order form.

Maximum User Weight & Loads

Products which have a maximum user weight or total load are indicated by the following symbols:

Indicates **Maximum User Weight** of the product.



Indicates **Maximum Load** of the product.



Only
19¹/₂"
wide

25
st

Wheeled Walking Frame

These aluminium walking frames are lightweight, height adjustable and have two wheels at the front and non-slip ferrules on the rear legs.

Available in two widths, the narrow version is ideal for use around the home.

	Size	Width	
12S1C	28 ³ / ₄ to 31 ¹ / ₂ "	19 ¹ / ₂ "	£65.95 (£54.96)
12S2C	31 ¹ / ₂ to 34 ¹ / ₄ "	19 ¹ / ₂ "	£65.95 (£54.96)
12S3C	34 ¹ / ₄ to 37 ¹ / ₂ "	19 ¹ / ₂ "	£65.95 (£54.96)
202ELC6N	29 to 32"	23 ¹ / ₂ "	£65.95 (£54.96)
202ELC5N	33 to 36"	23 ¹ / ₂ "	£65.95 (£54.96)



FOLDED

21¹/₄
st

Deluxe Folding Walking Frame

Lightweight aluminium frame with adjustable height legs. Folds simply to approximately 4" depth, for ease of storage and transportation. Width 23¹/₂". Two heights available.

AA8391A	28 to 34 ³ / ₄ "	£65.45 (£54.54)
AA8391B	31 to 38"	£65.45 (£54.54)



BEST
SELLER



Buckingham Walking Frame Caddy

Lightweight and stylish, this caddy, for use with wheeled walking frames, is ideal for carrying a variety of daily living aids enabling the user to transport items safely and independently. There is one large and one small compartment to allow transportation of such items as glasses, keys and medication. Supplied with a tray for holding a plate of food and a mug holder. Maximum carrying weight 2kg.

AA8389

£37.40 (£31.17)



21¹/₄
st

Hi-Riser Folding Frame

This lightweight folding frame helps the user rise from a seated position. The lower handles are used to push upwards into a standing position. The upper handles are then used as for a standard walker. May also be reversed and used as a toilet surround rail. Height adjustable 32 to 36". Width 23¹/₂".

AA8304

£81.20 (£67.67)



QUARTZ



25 1/2 st

Aluminium Four-Wheeled Rollator

Superb quality and fantastic value for money, this rollator features easy to operate brakes for secure stopping. The handles are height adjustable and the seat and backrest are padded for comfort when sitting. A handy basket comes as standard. The 8" swivel wheels ensure the rollator is easy to manoeuvre. Lightweight yet strong, it is available in two attractive colours. Handle height 30 to 34 1/2". Overall width 24 1/4". Seat size 14 x 12 1/2". Weight 6.8kg.

Colour Brakes

09 116 9945	Ruby	Cable	£126.00	(£105.00)
09 116 9952	Quartz	Cable	£126.00	(£105.00)



17 3/4 st

Easy Fold Deluxe Rollator

A lightweight, height adjustable rollator that is supplied complete with seat and basket. The frame folds easily when not in use simply by lifting the handle in the seat. Suitable for indoor and outdoor use with cable brakes that lock for resting. Overall width 23 1/2". Handle height 33 3/4 to 37 1/4". Seat height 22". Weight 6.7kg.

AA8353

£216.30 (£180.25)



Three Wheeled Walker Bag

Easily fitted to most three wheeled walkers. The zipped lid enables easy opening and closing.

AA8376

£19.25 (£16.04)



RUBY



18 3/4 st

Three-Wheeled Rollator

This rollator is extremely durable and excellent value for money. It features easy to operate brakes, which provide secure stopping. The handles are height adjustable. It folds easily for transportation and storage and will remain upright when folded. Comes complete with carry bag and basket with tray. Available in two attractive colours. Handle height 32 to 38". Wheel diameter 8". Overall width 25 1/4". Weight 8kg.

Colour Brakes

09 116 9960	Ruby	Cable	£105.65	(£88.04)
09 116 9978	Quartz	Cable	£105.65	(£88.04)



20 1/4 st

Deluxe Lightweight Rollator **New**

This Deluxe Lightweight rollator is a multi-purpose rollator designed for maximum support, comfort and style. Robust yet lightweight, this rollator incorporates a rest seat, walking stick holder, storage bag and locking brakes. The easy fold mechanism means it is always in a standing position and is easy to store when not in use. Handle height adjustable from 31 1/2-36 1/2". Seat height 24". Weight 7kg.

21539

£147.70 (£123.08)



23 1/2 st

Trionic Walker - All Terrain Rollator

The Trionic Walker is a groundbreaking rollator for the active individual. It offers increased access to the outdoors and enables a high degree of physical activity. It is perfect for the city, the park, the garden, even on the golf course! Length 40". Width 30". Height 30-37". Seat height 24 1/2".

Through its unique award winning design, it promotes activity and quality of life.

09 143 1394

£861.10 (£717.58)



FOLDED



"It went all the way up and over Conwy Mountain. I was delighted. I couldn't have done this with my old rollator. Even better was the fact that I wasn't tired."

Hilary Ambrose, Southport



Apron Bag for Frames

Waterproof bag with large pockets for books, shopping, cleaning materials etc. Has one front and two side pockets.

AA8276

£27.90 (£23.25)



Net Bag for Frames

String nylon bag, which fits any walking frame for shopping or other items needed close by.

AA8270Y

£8.45 (£7.04)



**BEST
SELLER**

Deluxe Shopping Trolley

An attractive trolley with front swivel wheels to give excellent manoeuvrability. Totally safe to walk with and lean on, they have no rear axle so no risk of tripping. It features an insulated bag and a variety of pockets. An optional DIY brake kit is available. Basket size 18½ x 15½ x 13½".

09 116 2882 Deluxe Shopping Trolley **£124.60**

AA8318C Optional DIY Brake Kit **£61.15**



**BEST
SELLER**

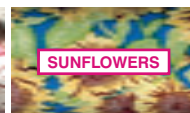
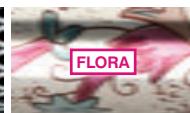
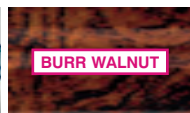


**18
st**

Coloured Folding Walking Sticks

Available in eleven colours, these folding walking sticks are height adjustable and of the highest quality. Made from aluminium with a traditional wooden handle shaped to fit either hand.

Height	Height	Height		
29-33"	31-35"	33-37"		
09 117 2592	AA8112D	AA8112DL	Black	£15.50 (£12.92)
09 117 2576	AA8112A	AA8112AL	Walnut	£18.20 (£15.17)
09 120 4742	09 120 4817	09 120 4890	Rainbow	£18.20 (£15.17)
09 120 4692	09 120 4700	09 120 4734	Etched Black	£18.20 (£15.17)
AA8261	Bag for folding walking sticks			£6.45 (£5.38)



Premium Folding Coloured Walking Sticks

These beautiful walking sticks feature an attractive Derby handle that sits comfortably in the hand. The aluminium shafts have a transparent coating that enhances and protects the finish. Supplied with a handy wrist strap. Ferrule size ¾".

Height 31-35"

09 120 9097	Black	£16.60 (£13.83)
09 120 9113	Ivy	£20.75 (£17.29)
09 120 9139	Burr Walnut	£20.75 (£17.29)
09 120 9154	Lattice	£20.75 (£17.29)
09 120 9170	Flora	£20.75 (£17.29)
09 120 9196	Sunflowers	£20.75 (£17.29)



**18
st**



**25
st**

Shop-a-Seat Liberator

With four wheels, this shopping trolley can be pushed in front of the user, allowing for more manoeuvrability. When the handle is lowered, the retractable undercarriage operates providing stability when seated. Basket size 14 x 8 x 20". Seat height 22½". Handle height 36½".

AA8313 **£178.90**



**18
st**

Shock Absorbing Sticks

Our Shock Absorbing Walking Sticks feature a unique gel hand grip to cushion the hand, and a specially designed rubber ferrule that flexes when placed on the ground, absorbing more of the shock associated with standard sticks. Folding for storage. Two heights available.

AA8139AY 31 to 34" **£23.15** (£19.29)

AA8139BY 33 to 36" **£23.15** (£19.29)

Ergonomic Grip Sticks

Lightweight, sturdy, height adjustable, aluminium sticks in a choice of two styles of handle, Comfy and Contoured. Both handles are designed to spread the pressure evenly over the whole palm making them kinder on arthritic hands. The Comfy handle is larger, while the Contoured handle suits smaller hands. Height adjustable 29 to 38". Available in left or right hand options.

Comfy Grip

Left	Right		
AA8118L	AA8118R	Black	£15.40 (£12.83)
AA8118AL	AA8118AR	Walnut	£16.45 (£13.71)
09 120 5608	09 120 5616	Etched Black	£16.45 (£13.71)
09 120 5699	09 120 5707	Rainbow	£16.45 (£13.71)
09 120 5715	09 120 5723	Woodland Flowers	£16.45 (£13.71)

Contoured Grip

Left	Right		
AA8119L	AA8119R	Black	£15.40 (£12.83)
AA8119AL	AA8119AR	Walnut	£16.45 (£13.71)
09 120 5384	09 120 5400	Etched Black	£16.45 (£13.71)
09 120 5418	09 120 5442	Rainbow	£16.45 (£13.71)
09 120 5566	09 120 5574	Woodland Flowers	£16.45 (£13.71)



BLACK

WALNUT

ETCHED BLACK

RAINBOW

WOODLAND FLOWERS

21 1/4 st



15 3/4 st

Height Adjustable Stick Seat

Constructed from plastic and aluminium, this stick seat is extremely lightweight. Folds easily away, turning into a stick that can be used for support when walking. Handle height 33 1/4 to 37 1/2". Seat height 18 to 21 1/4".

AA8151

£48.75



ECONOMY

LEATHER

Walking Stick Wrist Straps

These wrist straps hold the walking stick near the wrist and saves putting down your stick when using your hand. The leather wrist strap is secured by a hook and loop. The nylon economy strap is secured by an elasticated hoop and offers exceptional value for money.

AA8256 Leather £7.25 (£6.04)

AA8243 Economy £2.20 (£1.83)

Adjustable Wide Based Sticks

These sticks have a broad base to offer maximum stability. The comfortable grey moulded handle can be used in the left or right hand. Available as a tripod or quadruped. Adjustable from 28 to 38".

AA8125	Tripod	£27.35 (£22.79)
AA8129	Quadruped	£28.90 (£24.08)



15 3/4 st

Coloured Elbow Crutches

Attractive, lightweight crutches that feature a single moulded upper part to reduce hard edges and improve comfort. Adjustable between handle and floor from 29 to 38". Supplied in pairs.

AA8185	Silver	£28.40
AA8185B	Blue	£28.40
AA8185F	Red	£28.40

Adjustable Small Quad Walking Stick

A quadruped stick styled as a traditional stick but with the extra stability of a quad base. Height adjustable between 26 and 36".

420 £39.50 (£32.92)



15 3/4 st

Comfy Grip Crutches

The broad contoured handles on these crutches spread the weight across the hand and reduce pressure points. Height adjustable above and below the handle. Handle to cuff 9 to 12". Handle to floor 26 to 35". Supplied in pairs.

AA8184 £51.00



Stick Clip

A value for money clip that grasps the stick, allowing it to be balanced on the edge of a table or worktop. May also be used underneath the table or worktop to wedge the stick upright.

AA8244 £2.09 (£1.74)



Visco Hand Pads

Made from visco-elastic foam, these pads give increased pressure relief and comfort. Fits to walking sticks, crutches, walking frames, rollers, etc. Sold as a pair.

AA8207 £28.60



16
st

Escape Lite Wheelchair

The Escape Lite's extremely light and foldable frame has been specially designed for ease of transportation and storage, making it an ideal chair for occasional use. The Escape Lite is suitable for both indoors and outdoors, giving you flexibility wherever you go. In addition to being lightweight, this attendant-propelled chair offers both comfort and practicality. With a full-length armrest, padded upholstery, and detachable swingaway footrests, it provides all the basic comfort necessities. The Escape Lite also has the added benefit of simple maintenance with puncture-proof front castors. There are 2 seat widths available. Seat Depth 41cm Seat Height (front) 50cm.

338S	18" seat width	£295.00 (£245.83)
338SN	16" seat width	£295.00 (£245.83)



18
st

Swift Wheelchair

With an ultra lightweight aluminium frame, which easily folds and dismantles without any tools, the Swift wheelchair is perfect for occasional use. Designed for days in or out, it's ideal for taking on trips, leaving at relatives' homes, or even storing in the cupboard so it's there in case you need it. The compact design of the Swift makes it very easy to use indoors. When folded, the Swift takes up very little room. The Swift is a combination of comfort and practicality. With a choice of Attendant propelled and self propelled versions with two seat widths for each version, and padded upholstery as standard, it provides all the basic comfort necessities. **Please note this product is not suitable for occupant car transportation.**

SWIFT41TR	Attendant 16" seat width	£302.50 (£252.08)
SWIFT46TR	Attendant 18" seat width	£302.50 (£252.08)
SWIFT41SP	Self Propelled 16" seat width	£334.95 (£279.13)
SWIFT46SP	Self Propelled 18" seat width	£334.95 (£279.13)



14
st

Avanti Transport Chair

Ideal for short-term transportation, this ultra compact, lightweight wheelchair can be folded down to the size of a holdall. A dual locking system ensures safety. The soft grip armrest and handgrip provide comfort to both the user and the assistant. Seat size 16 x 14 1/2". Weight 17 1/2 lbs.

AA8400	£310.80 (£259.00)
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Economy Wheelchair Tray

This lightweight, durable tray features a moulded rim and recessed area for cup or glass. Fastens securely to the wheelchair using the two D-ring straps included. Size 23 1/2 x 21 1/2".

A70711	£41.00 (£34.17)
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Wheelchair Crutch Bag

New

A large carry bag with a deep pocket that is suitable for crutches and walking sticks. The rear storage pouch has a hook and loop fastening for quick access. Side pouch holds two crutches or walking sticks. Extra large storage capacity of 27 litres. Maximum safe load 7kg. Size 16 x 18 x 5 1/2".

09 118 7699	£26.25 (£21.88)
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Wheelchair Bag

An elegant and stylish wheelchair carry bag. Shaped like a conventional rucksack, with long looped handles to ensure that it fits most wheelchairs. An external pocket provides extra storage. Size 320 x 380 x 160mm (12½ x 15 x 6").

09 118 7681 £18.40 (£15.33)



Deluxe Wheelchair Bag

This stylish and capacious storage bag has several pockets for convenient storage. The main storage compartment is lined and padded offering extra protection for the contents. A zipped internal pocket is ideal for a wallet, purse or other valuable items. Size 400 x 600 x 150mm (15¼ x 23½ x 6").

09 118 7707 £40.85 (£34.04)



Blue Badge & Timer Wallet

Stores and displays a UK disability badge and time card. The timer card can be adjusted without having to remove it from the wallet. Size when closed 6¾ x 5¾".

AA8613	Black	£15.70
09 116 7303	Pink	£15.70
09 117 2394	Purple	£15.70



Super Grip Wheelchair Gloves New

Ideal for wheelchair users that need a glove for both wet and fine conditions. The elasticised cuffs are securely closed with a hook and loop tab. Designed to work with metal push rims, rubberised rims may cause the palms to tear.

Hand Width

09 120 8248	Small	3"	£30.45
09 120 8255	Medium	3¼"	£30.45
09 120 8263	Large	3½"	£30.45
09 120 8271	X-Large	3¾"	£30.45



Wheelchair Mac

Totally waterproof, these full length capes offer complete protection for the wearer and the wheelchair. With a zip closure and hood, there is an elasticated base for closer, weatherproof fit. Available lined with an attractive cotton tartan for additional warmth, and with or without sleeves.

With sleeves

AA8683	Lined standard	£60.50 (£50.42)
09 116 9804	Lined long	£60.50 (£50.42)
AA8643	Un-lined standard	£37.80 (£31.50)
09 116 9846	Un-lined long	£37.80 (£31.50)

Without sleeves unlined

AA8642	Standard	£36.55 (£30.46)
09 116 9838	Long	£36.55 (£30.46)



Deluxe Wheelchair Snug

This cosy leg covering is breathable yet fully waterproof and windproof. The triple layer construction retains heat, yet allows moisture to evaporate keeping the wearer dry and comfortable. The full length zip allows easy access in and out of the wheelchair and there is a conveniently placed external pocket for possessions.

09 130 9715	Standard	£70.80 (£59.00)
09 130 9723	Long	£70.80 (£59.00)



Wheelchair Poncho

This wheelchair poncho is 100% waterproof and has an easy-pull zip closure and hood. Ideal practical protection for the top half of the body, it also has extra length at the front for knee protection. Available lined, with an attractive tartan for additional warmth.

AA8673	Lined	£49.15 (£40.96)
AA8641	Unlined	£29.60 (£24.67)



Deluxe Wheelchair Jacket

An elegant and comfortable outdoor jacket that is cut high at the front to prevent it bunching when seated. Breathable fabric allows moisture to evaporate, ensuring the wearer remains dry at all times. A fold-away hood is stored in the collar and there is a cotton lining for warmth. The sleeves are reinforced on the insides to prevent damage from self propelling. Large pockets offer plenty of storage.

09 130 9764	Standard	£70.80 (£59.00)
09 130 9772	Large	£70.80 (£59.00)



Wheelchair Cosy

Waterproof leg cosy lined with luxury fleece. The back panel provides extra warmth and comfort. Designed with extra large ring pull zip for easy in and out access.

AA8645	Standard	£49.75 (£41.46)
09 116 9820	Long	£49.75 (£41.46)



Scooter Storage Cover

Protect your scooter with this universal cover in waterproof, rip-stop nylon. Fits virtually all three and four wheeled scooters and has an elasticated base for tighter fit.

AA8530 £37.75 (£31.46)



Deluxe Scooter Storage Cover

A heavy duty PVC coated storage cover with an elasticated cord at the bottom that runs smoothly through eyelets making it easy to fit. A clamp keeps the cord tight and ensures the cover remains securely over the scooter.

AA8580 Standard £54.15 (£45.13)

09 116 3799 Mini £54.15 (£45.13)



Deluxe Scooter Coat

This stylish and practical coat protects against all weathers whilst on a scooter or walking about. The full length coat and double layer construction maintains warmth but allows moisture to evaporate keeping the wearer dry and comfortable. Full length zip and four deep pockets.

09 130 9731 Small £80.65 (£67.21)

09 130 9749 Medium £80.65 (£67.21)

09 130 9756 Large £80.65 (£67.21)



Universal Scooter Cape

A practical, lightweight cape that offers all-round protection for both rider and scooter. The waterproof nylon cape features a chest zip for access and a clear panel to ensure the controls and lights remain visible. Shaped to fit both three and four wheeled scooters.

AA8533 £41.85 (£34.88)



Deluxe Scooter Poncho

This Scooter Poncho has a full-length zip so that it is quick and easy to put on. The hemline is elasticated to prevent it blowing up in a strong wind. A small pouch pocket is useful for carrying items close to hand.

AA8581 £80.65 (£67.21)



Contoured Wheelchair Shawl

This shawl is as easy to put on, and has a high collar which can be turned up to protect the neck and ears. The overlapping front ensures the lower legs are kept warm. Length 27", Width 47". One size fits most.

AA8687 £77.65 (£64.71)



Scooter Bag

Large waterproof storage bag with multi-use storage compartments. Made from hard-wearing waterproof polyester material. The side pouch holds two crutches or walking sticks. When possible, adjustable crutches or walking sticks should be reduced to minimum height for safe carriage. Size 400 x 450 x 140mm (16 x 18 x 5½").

09 118 7749 £26.50 (£22.08)



Economy Scooter Bag

A sturdy and practical bag with zip top. Secures to the scooter seat with adjustable straps. Made from waterproof nylon. Bag size 370 x 40 x 150mm (14½ x 16 x 6").

09 118 7731 £17.30 (£14.42)



Heated Gloves

These gloves provide heat to the fingers and back of the hand. They have a soft outer and palm making them both flexible and comfortable. Waterproof and windproof, they are not suitable for wheelchair propelling. Requires 3 x AA batteries.

09 120 8404 Small £63.85

09 120 8412 Medium £63.85

09 120 8420 Large £63.85

09 120 8438 X-Large £63.85

15 1/4
st



Anyway Cushion

This general purpose cushion is designed to improve comfort and pressure distribution for wheelchair users at low to medium risk of developing pressure sores. It can be used anyway up or anyway round. Waterproof cover can be wiped clean. Size 19 x 19 x 3 1/4".

AA3958 **£87.00** (£72.50)

Gel Cushion

Wheelchair users and seated patients who are at high risk of developing pressure sores need a reliable cushion. At the heart of the cushion lies a carefully designed gel sac incorporated into a foam exterior. Size 17 x 17 x 3 1/4".

AA3957 **£214.20** (£178.50)



17
st



Wheelchair Sag Infill

This cushion fits into the sag of the wheelchair to encourage better posture and improve comfort. Wipe clean, waterproof cover. Size 17 x 17". Maximum depth 2".

AA3959 **£60.75** (£50.63)

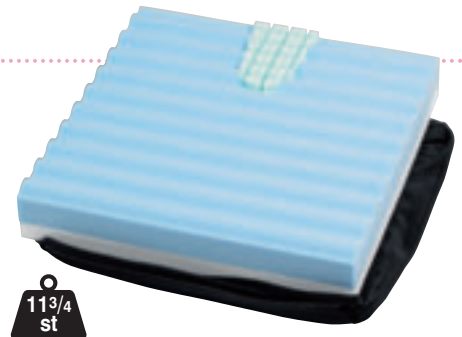


Luxury Fleece Topped Cushion

The luxury pure wool pile on the upper and front of this cushion offers superb comfort. The cover is zipped so it can be removed for washing. Available in two sizes.

09 117 6338 16 x 16" **£36.70** (£30.58)

09 117 6346 18 x 16" **£41.00** (£34.17)



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Coccyx Wave Cushion

The 'wave' upper surface and high density foam insert offer excellent cushioning to the coccyx. Can be used in wheelchairs or day chairs. Suitable for low to medium pressure risk. 16 1/2 x 16 1/2".

09 117 3558 **£39.60**



Economy Revolving Seat

Fleece covered foam pad mounted on a wooden turntable, allowing the body to rotate. A detachable strap attaches to the seat belt to hold the cushion in place on a car seat. Diameter 15".

AA8815 **£31.60**



Swivel Seat

This cushioned seat will swivel in both directions and may help those who suffer from arthritis, leg or back pain to transfer more easily. Contours to the seat and is secured in position by a strap. Diameter 15 1/2".

AA8862 **£110.70**



Transfer Turntable

Strong, yet lightweight, this plastic turntable provides effortless turning when transferring from bed to chair, or wheelchair to car, etc. The textured surface ensures a good grip. Diameter 15 1/2".

AA8823 **£26.65**



Curved Transfer Board

Tapered design to enable easy use in all transfer situations, eg. chair to wheelchair, wheelchair to car. The arc shape not only enables a variety of positioning options, but also allows for the natural sweeping pattern of an assisted transfer.

AA8835 **£63.25** (£52.71)



Leg Lifter

This stiffened strap enables the user to move a stiff or immobile leg, when using the bed, wheelchair, footstool etc. Length 34".

AA8620 **£12.55** (£10.46)

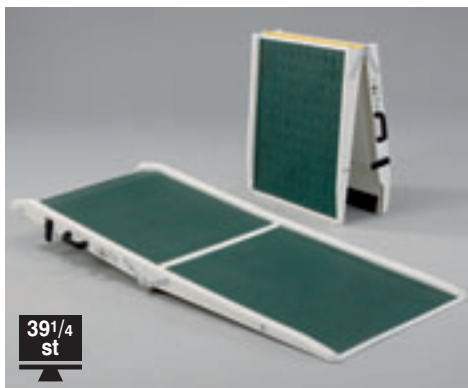


Roll Out Trackway

Cover grass, gravel and other uneven surfaces for easy wheelchair and pedestrian access with this innovative track. It saves expensive construction work and can be easily cleaned, rolled up and stored. It can be trimmed to length or to fit around steps, flowerbeds, downpipes etc. Available in two lengths. Width 35".

Length Weight

09 120 9451	8ft 2"	44lbs	£357.95	(£298.29)
09 120 9469	16ft 5"	88lbs	£685.45	(£571.21)



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Fibreglass Scooter Ramp

This portable access ramp is especially designed for use with scooters but is also suitable for wheelchair users. Lightweight and portable, it folds in half for easy transportation. Length 72". Weight 28 1/2lbs.

AA8701 **£709.40** (£591.17)



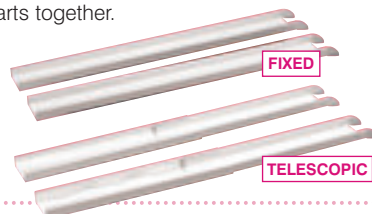
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Lightweight Channel Ramps

These ramps are lightweight and portable and have plastic inserts that locate on the top of a step or rear of a vehicle. The surface is coated with grit for grip and durability. Available in fixed lengths or telescopic, which have a locking device to hold the two parts together.

		Length	Weight	
AA8714	Fixed	39 1/2"	5 1/2lbs	£129.20 (£107.67)
AA8718	Fixed	59"	8 1/2lbs	£141.80 (£118.17)
AA8733	Telescopic	36 3/4-59"	9lbs	£218.25 (£181.88)
AA8735	Telescopic	46-78 3/4"	12lbs	£235.85 (£196.54)



FIXED

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Telescopic Broad Ramps

These ramps feature two sections that telescope within each other. This means they can be adjusted to the length to be spanned. At their minimum length, they are held by a safety catch, preventing them from moving during transportation and storage.

	Length	Weight	
AA8766	44 1/2 - 79"	66lbs	£480.45 (£400.38)
AA8768	64 - 118"	95lbs	£786.30 (£655.25)



Roll-Up Ramp

The roll-up ramp is lightweight and portable with a segmented design that allows it to be rolled up for transport yet set up in seconds. It has a durable non-slip driving surface and side rails that act as a bumper guide for safety and security. Two width versions available.

30" Width	Length	Weight	
09 117 0893	3ft	17lbs	£140.90 (£117.42)
09 117 0901	5ft	28lbs	£234.85 (£195.71)
24" Width	Length	Weight	
09 132 1678	5ft	22lbs	£208.50 (£173.75)



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Suitcase Ramps

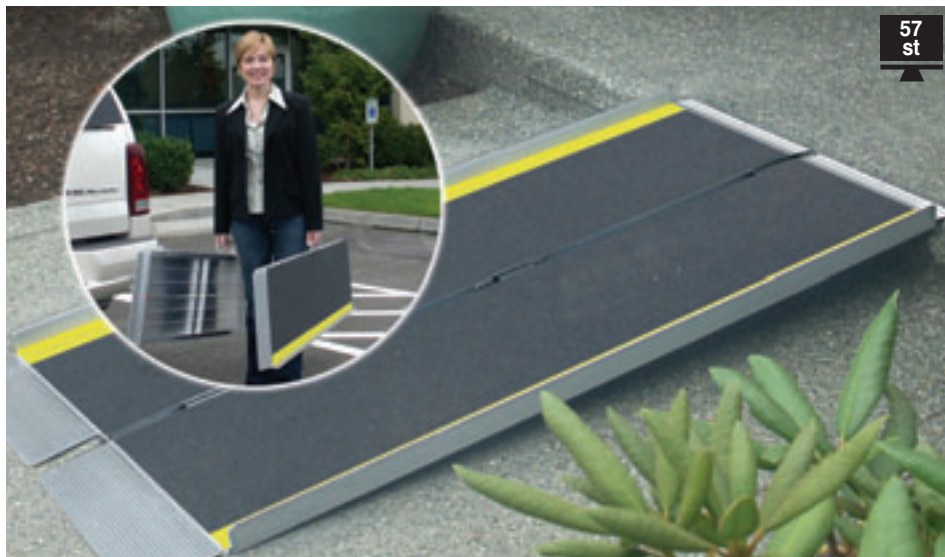
Designed for both scooters and wheelchairs, these folding broad ramps offer a non-slip driving surface. There is a handle in the centre of each ramp (except 2ft length version) for carrying and the two hinged tracks, simply unfold for use. Available in five lengths and two widths.

29" Width Length Weight

09 116 9739	2ft	11lbs	£101.15 (£84.29)
09 116 9762	3ft	15lbs	£141.75 (£118.13)
09 116 9770	4ft	21lbs	£182.85 (£152.38)
09 116 9788	5ft	26lbs	£228.25 (£190.21)
09 116 9796	6ft	36lbs	£269.30 (£224.42)

24" Width Length Weight

09 132 1652	2ft	17½lbs	£209.30 (£174.42)
09 132 1660	6ft	24lbs	£249.30 (£207.75)



Advantage Series Suitcase Ramps

These ultra strong ramps provide safety and strength while remaining light and portable. The ramps can be separated, making them extremely easy to use, carry and store. Each section has its own carrying handle (except 2ft version). Unfolds to a 29" non-slip driving surface that features yellow safety strips and a self-adjusting bottom transition plate.

Length Weight

09 116 7238	2ft	12lbs	£228.05 (£190.04)
09 116 7246	3ft	16lbs	£258.45 (£215.38)
09 116 7253	4ft	20lbs	£336.70 (£280.58)
09 116 7261	5ft	26lbs	£395.65 (£329.71)
09 116 7279	6ft	30lbs	£476.30 (£396.92)



Folding Access Channel Ramp

A pair of lightweight folding channel ramps manufactured from fibreglass and designed for wheelchair or scooter access. These lightweight ramps are easily handled and fold in half for storage. Finished with a non slip surface and smooth edges to prevent injury or damage. Internal width 8".

	Length	External Width	Weight	
AA8793	72"	11½"	13lbs	£636.60 (£530.50)
09 116 5570	96"	11¾"	16½lbs	£683.40 (£569.50)



Fibreglass Threshold Ramp

Designed to overcome the majority of wooden and uPVC door frames, allowing the door to open and close when in position. Height 3". Length 17". Weight 4½lbs.

AA8794	£133.95 (£111.63)
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Modular Ramps

Portable modular ramps that are versatile enough to solve a variety of problems. Quick and easy to install, the kits have a width of 29½" and can overcome threshold heights up to 6". Designed with a safe working load of 1 ton per square inch. Lightweight, they can be installed as a temporary or permanent solution.

09 116 7311	Kit 1 for heights up to 1½"	£67.80
09 116 7329	Kit 2 for heights up to 3"	£169.30
09 116 7337	Kit 3 for heights up to 4¼"	£232.25
09 116 7345	Kit 4 for heights up to 6"	£303.25



Bathmaster Sonaris™

The Bathmaster Sonaris Bathlift.
Bathing made easy

- Optimum comfort, support & safety
- Superb performance
- Simple to operate
- Easy to assemble, install & transport
- Extensive range of accessories

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Ultimate comfort

Designed with a contoured seat and backrest for the most comfortable bathing experience. Optional covers enhance the bathers' comfort.



Effortless operation

Large, textured control pads require only a light touch to operate the Bathmaster Sonaris.



Simple to install

Two lightweight components simply click together for quick and easy assembly, installation and removal.



Easy to transport

Each component features convenient holding points for easy transportation and the unit folds flat for convenient storage.



Optimum safety

A built in safety mechanism ensures the Bathmaster Sonaris will not lower if there is not enough charge to raise the bather, and the adjustable sucker feet ensure stability.



Peace of mind

An audible bleep and warning light identify when the battery needs charging, helping to ensure the battery is always charged when needed.



Optimum battery performance

Up to 18 lifts from each charge. The battery features an automatic sleep function after 10 minutes of inactivity. It is simply reactivated by pressing the control pad.



Increased confidence

The smooth, steady action, including an interval between reaching the bottom and reclining, allows the bather to maintain control, increasing confidence and security.

Technical specifications

Seat size	20 x 26 ³ / ₄ " including side flaps (20 x 15" excluding side flaps)
Height range	3 to 18"
Seat weight	15.8lbs
Backrest weight	10.3lbs
Guarantee	5 years on frame, 2 years on hand controller

Bathmaster Sonaris ordering details

Your Bathmaster Sonaris bathlift will come complete with a hand controller, recharger, side flaps and side flap protectors.

09 116 4375	Bathmaster Sonaris bathlift without covers	£598.80 (£499.00)
09 116 7774	Bathmaster Sonaris bathlift with blue covers	£642.00 (£535.00)
09 116 8301	Bathmaster Sonaris bathlift with white covers	£642.00 (£535.00)

Accessories

09 116 4417	Blue Covers	£47.40 (£39.50)
09 116 8319	White Covers	£47.40 (£39.50)
09 116 5612	Swivel Transfer Seat Only	£40.75 (£33.96)
09 116 8343	Transfer Seat Blue Cover	£25.50 (£21.25)
09 116 8350	Transfer Seat White Cover	£25.50 (£21.25)
09 116 5596	Headrest Only	£35.40 (£29.50)
09 116 8327	Headrest Blue Cover	£20.70 (£17.25)
09 116 8335	Headrest White Cover	£20.70 (£17.25)
09 116 5604	Safety Belt	£18.60 (£15.50)

Spares

09 116 4433	Spare Hand Controller	£135.00 (£112.50)
09 107 4327	Spare Recharger	£45.50 (£37.92)



Bathmaster deltis™

- One of the lightest bath lifts available
- Narrow base frame fits virtually all bath tubs
- Latest battery technology ensures high performance
- Three year warranty gives peace of mind

Difficulties getting into and out of the bath are quickly and easily overcome when using the Bathmaster Deltis. Simple to take in and out of the bath, it separates into two parts for easier lifting and carrying. The reclining backrest allows optimum positioning, giving both comfort and support.

Technical Specifications

Seat height	23/4 to 18"
Footprint	22 x 11 1/2"
Seat size	19 3/4 x 14 3/4" excluding side flaps, 19 3/4 x 27 1/4" including side flaps
Seat weight	15lb
Backrest weight	8lb
Guarantee	3 years

The Bathmaster Deltis is supplied complete, including: Bathlift, hand controller, recharger, side flaps and side flap protectors.

- 09 131 6736** Bathmaster Deltis complete **£504.00** (£420.00)
- 09 132 4144** Bathmaster Deltis complete with blue covers **£552.00** (£460.00)
- 09 132 4185** Bathmaster Deltis complete with white covers **£552.00** (£460.00)

The premium version of the Bathmaster Deltis is constructed with a special moulded plastic that deflects water and dirt. Silver ions are also incorporated to provide anti-microbial protection. Supplied with a fast 1 hour charger.

- 09 132 4227** Premium Bathmaster Deltis with blue covers **£600.00** (£500.00)

A heavy duty version is available with an increased maximum user weight of 170kg (26 3/4 st). Supplied with a fast 1 hour charger.

- 09 132 4102** Heavy Duty Bathmaster Deltis with blue covers **£624.00** (£520.00)
- 09 132 4557** Optional blue covers **£49.95** (£41.63)
- 09 132 4565** Optional white covers **£49.95** (£41.63)
- 09 132 4532** Optional swivel seat **£92.95** (£77.46)
- 09 132 4540** Optional swivel transfer seat **£104.95** (£87.46)



One of the lightest reclining bath lifts available

The Bathmaster Deltis is easy to assemble with no technical knowledge required. With built in convenient holding points and the heaviest part weighing just 6.8kg (15lb) transport and storage become effortless. The all plastic construction is modern, easy to clean and free from corrosion.



Compact frame fits virtually all bath tubs

Occupying the optimum amount of space, the compact frame of the Bathmaster Deltis is suitable for nearly all bath tubs, yet maintains a high level of stability when in use. Large side flaps allow easy transfer in and out of the bath, and optional swivelling seats are available.



Latest battery technology ensures high performance

The small, lightweight hand controller is simple to use and floats when not in use, enabling easy recovery if dropped into the water. The lithium ion batteries have no memory effect and very low self-discharging, giving improved performance and battery life.



Three year guarantee giving peace of mind

With a three year guarantee against defects in materials or workmanship, the user can be reassured that the bath lift will be in full working order when they need to use it.



Savanah® Slatted Bath Seat

Designed using smooth, strong slats this seat is suitable for bathing or showering. Front sucker feet secure it into position. Seat size 18 x 11¼".

AA1155A	6" high	£32.95 (£27.46)
AA1155B	8" high	£32.95 (£27.46)
AA1155C	12" high	£32.95 (£27.46)

Savanah



Savanah® Bath Seat

Savanah

A comfortable strong, white plastic stool with advanced sucker design for maximum security. Available in two heights.

AA1110Y	6" high	£39.95 (£33.29)
AA1112	8" high	£39.95 (£33.29)



Lightweight Suspended Bath Seat

Extremely easy to fit, this bath seat requires no assembly or adjustment and is simply positioned where required. Soft caps on the arms prevent the seat from moving. Seat size 16 x 9". Fits baths with an internal measurement of 23 to 26¾".

09 117 0737 **£33.25** (£27.71)



Rotating Bath Seat

A rotating seat which allows the user to sit comfortably and gently swing their legs around so they are sitting over the bath. Lockable at four 90 degrees intervals. Seat width 18". Seat depth 15½".

External Width

53626	26"	£189.95 (£158.29)
53627	27"	£189.95 (£158.29)
536	28"	£189.95 (£158.29)



Comfy Transfer Bath Bench

This bench sits with two legs inside the bath and two on the floor outside. The wide padded seat makes transferring into the bath both safe and comfortable. A handle enables easier transfer and gives confidence whilst seated. May be assembled for use on either side of the bath. Maximum clearance from floor 24".

AA1594 **£144.95** (£120.79)



Bath Cushion

A non-slip cushion designed to make bathing a safe and comfortable experience. Suckers on the underside and rear keep it securely in place. Seat 13¾ x 15". Backrest 13¾ x 15".

AA1815 **£38.95**



Inflatable Bath Cushion

This inflatable cushion gives additional comfort and support when bathing. Four sucker feet on the underside secure it to the bath to prevent movement. Size 17 x 17".

AA1814 **£7.95**



Bath Pillow

Inflatable pillow that is covered in a white terry cloth for comfort. Four suction feet on the back ensure it remains in the correct position. Width 21". Length 15¾".

AA1823 **£7.95**



Savanah

Savanah® Slatted Bath Board

Made with smooth, reinforced plastic slats, the Savanah slatted bath board provides a strong, comfortable, quick draining seat. Optional handle available for ease of transfer and extra security for the user. Depth 9 1/4".

	Length	
AA10914	24"	£29.75 (£24.79)
AA10915	25"	£29.75 (£24.79)
AA1091A	26"	£29.75 (£24.79)
AA1091D	27"	£29.75 (£24.79)
AA1091B	28"	£29.75 (£24.79)
AA1091C	30"	£29.75 (£24.79)
AA1092	Optional handle	£6.25 (£5.21)



Non Skid Shower Slippers

With latex-free rubber soles, these slippers provide a non-skid surface in wet bathrooms. The loose knit upper allows water in to keep feet clean. Supplied in pairs.

	Size	
09 131 0895	Medium 5 to 6 1/2	£18.50
09 131 0903	Large 7 to 8 1/2	£18.50
09 131 0911	X-Large 9 to 11 1/2	£18.50



Bath Board with Handle

An easy-to-clean plastic bath board with ample adjustment to suit a wide variety of baths. Features a soap dish and handle. Length 28". Width 12 1/2".

587 £49.95 (£41.63)



Bath Safety Strips

These strips are perfect for all bath shapes and sizes. Made from soft, textured rubber, they are adhesive backed for easy installation. Supplied as a pack of 20 strips. Length 8 1/2".

A830600 £6.25



Sure Tread Bath and Shower Mats

The unique ridged design ensures these mats give an extra sense of security and total peace of mind. High-grade medical rubber content with additional suction cups.

09 120 4544	Bath Mat 30 3/4 x 13 3/4"	£12.50
AA1794	Shower Mat 21 3/4 x 21 3/4"	£12.50



Savanah® Slatted Shower Board

Similar to the Savanah bath board (above) but with two additional slats to give extra comfort and support. Depth 14".

	Length	
AA1093A	26"	£47.95 (£39.96)
AA1093	27"	£47.95 (£39.96)
AA1093B	28"	£47.95 (£39.96)
AA1093C	30"	£47.95 (£39.96)
AA1092	Optional handle	£6.25 (£5.21)



Everyday Bath and Shower Mats

The Everyday mats have excellent grip due to the large number of suckers and the high-grade rubber material. Multiple drainage holes allow speedy water drainage.

AA1802AY	Regular Bath Mat 22 1/2 x 13 3/4"	£9.50
AA1804A	Large Bath Mat 30 x 13 3/4"	£10.75
AA1805	Extra Large Bath Mat 37 x 13 3/4"	£11.75
AA1803	Shower Mat 21 1/4 x 21 1/4"	£9.50



Soft Feel Bath and Shower Mats

Soft-feel non-slip bath mats that are especially designed for extra comfort. Made from non-latex material they are suitable for allergy sufferers.

AA1800	Regular Bath Mat 27 1/2 x 16"	£13.25
09 120 4551	Shower Mat 22 x 22"	£13.25
AA1811	Long Bath Mat with Neckrest 49 1/4 x 14"	£17.75



Swedish Bath Rail

This popular rail has a handle just above the side of the bath to assist with getting in and out. Height adjustable to suit a variety of baths. The base plate of the rail should be screwed to the floor. Height to bath rim 13³/₄ to 23¹/₄".

AA1910	Chrome	£92.50 (£77.08)
AA1911	White	£87.95 (£73.29)



Bathtub Grab Rail

Clamp this rail to the side of the bath to provide a firm handle that helps give confidence and stability when getting in and out of the bath. Clamp adjustment 3 to 7". Not suitable for baths with a lip.

AA1920		£41.75 (£34.79)
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Padded Grab Bar

Easy to fit and remove, this grab bar provides extra support when getting in and out of the bath. The foam padding gives extra grip and comfort to sensitive hands. Height above the bath 10¹/₂". Clamp adjustment 2¹/₂ to 5¹/₂". Not suitable for baths with a lip.

AA1922		£57.25 (£47.71)
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Wheeled Shower/Commode Chair

This attendant propelled shower and commode chair features a comfortable contoured horseshoe seat for washing and toileting use. The backrest and armrests are padded for extra comfort and support. The aluminium frame can be easily dismantled, ensuring it is compact and lightweight for transport and storage. Supplied with a commode pan and four braked castors. Seat size 16 x 16". Seat height 21". Width between arms 18".

AA1679		£429.95 (£358.29)
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Clean Shower Commode Chair

Designed with comfort, security and ease of use in mind. The Clean shower commode chair allows the user safer and easier transfers when the armrests are removed or swung away. The footrest can be quickly slid away under the seat when not in use. Supplied with four lockable castors for flexibility in all situations. Seat width 18³/₄". Width between armrests 17". External width 20¹/₂".

Seat height

Attendant Propelled		
AA1621A	19 ¹ / ₄ "	£392.50 (£327.08)
AA1621B	21 ³ / ₄ "	£392.50 (£327.08)
09 116 3856	18 ³ / ₄ to 23 ¹ / ₂ "	£612.50 (£510.42)
Self Propelled		
AA1622	21 ³ / ₄ "	£697.50 (£581.25)



Contoured Tap Rail

To help get up and down in the bath, this rail is attached to the taps using special bolts and wing nuts. It folds out of the way when not in use. Width 26¹/₂", Depth 13".

AA1950		£47.75 (£39.79)
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Shower Chairs

Quality sturdy shower chairs, available as fixed height, with height adjustable legs (illustrated), or with wheels. Seat width 18".

597	Static 16 ¹ / ₄ "	£89.95 (£74.96)
597A	Static 18 to 24"	£99.95 (£83.29)
546B	Wheeled 19"	£139.25 (£116.04)
546BADJ4BC	Wheeled 19 to 23 ¹ / ₂ "	£160.00 (£133.33)



Swift Shower Stool/Chair

The Swift shower stool and chair offers both functionality and style. A combination of plastic and aluminium ensures that the products are sturdy yet flexible enough to adapt to uneven floors. Available as a simple stool or a complete shower chair. Height adjustable 16½ to 22½".

AA1581	Green Stool	£80.95 (£67.46)
09 142 2203	Grey Stool	£80.95 (£67.46)
09 142 2211	Blue Stool	£80.95 (£67.46)
AA1582	Green Chair	£127.50 (£106.25)
09 142 2229	Grey Chair	£127.50 (£106.25)
09 117 5272	Blue Chair	£127.50 (£106.25)



Sherwood Folding Perching Stools

With folding frames, these attractive shower stools can be easily stored when not in use. The standard versions are constructed from steel and have cushioned vinyl pads, whilst the deluxe versions have lightweight aluminium frames and moulded foam pads. Seat height adjustable from 21 to 27".

A	09 131 0846	Standard Stool	£79.95 (£66.63)
B	09 131 0853	Standard Stool with Back	£87.50 (£72.92)
C	09 131 0861	Deluxe Stool	£114.95 (£95.79)
D	09 131 0879	Deluxe Stool with Back	£129.95 (£108.29)



Chester Shower Stool

A sturdy perching stool with a front cut out to make personal cleansing easier. Height adjustable from 18½ to 24½".

AA1580	£102.50 (£85.42)
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Aluminium Shower Stools

These lightweight, corrosion resistant stools have moulded plastic seats with built in handles for support and holes to aid water drainage. Height adjustable from height 15 to 19".

537B	Stool	2.5kg	£52.75 (£43.96)
537A	Stool with Backrest	3.1kg	£59.25 (£49.38)

Sherwood Perching Stools

Comfortable padded seats, angled for easy resting in the shower, bathroom etc. Height adjustment 19½ to 25½".

A	AA1522	Standard	£59.95 (£49.96)
B	AA1524	Padded arms	£74.95 (£62.46)
C	AA1534	Back & arms	£79.95 (£66.63)
D	AA1536	Padded back & arms	£94.95 (£79.13)



Deluxe Sherwood Perching Stools

Moulded foam pads give extra durability and comfort. They promote hygiene and have no rough welds to catch skin. A textured surface helps prevent slipping.

E	09 116 4581	Standard	£84.95 (£70.79)
F	09 116 4599	Padded arms	£114.95 (£95.79)
G	09 116 4607	Back & arms	£99.95 (£83.29)
H	09 116 4615	Padded back & arms	£124.95 (£104.13)





Savanah® Wall Mounted Shower Seats

The generous seat on this shower stool ensures comfort and security and can be folded neatly against the wall when not in use. The optional backrest has arms that foldaway independently and can be mounted at the desired height. Seat size 17 x 14 1/4". Seat height 18 to 23". Width between armrests 19 3/4".

09 117 1511	Shower Seat	£129.95 (£108.29)
09 117 1529	Backrest	£79.95 (£66.63)
09 131 1836	Optional Seat Cushion	£19.95 (£16.63)
09 131 1844	Optional Backrest Cushion	£13.95 (£11.63)

Savanah

Wall Mounted Shower Seat

An attractive shower seat which folds against the wall when not in use. Available with or without height adjustable legs. Built in handles on the seat provide extra security. Seat size 11 x 19". Seat height 15 to 21". Wall to front of seat 15".

538	Without legs	£79.95 (£66.63)
538DL	With legs	£99.95 (£83.29)



Adjustable Shower Stool

This height adjustable shower stool has easy access handles on both sides of the seat to provide additional safety and support. The aluminium frame ensures this stool is both lightweight and corrosion resistant. Seat size 11 x 15". Seat height 18 to 23". Width between handles 19 3/4".

539L	£55.95 (£46.63)
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Tooting Shower Seat with Legs

This seat is fitted to the wall in the shower and folds against the wall when not in use. It has two height adjustable legs at the front to provide extra support and stability. Height adjustable 19 to 23".

AA1690	Slatted	£129.95 (£108.29)
AA1694	Padded	£129.95 (£108.29)
AA1697	Horseshoe seat	£129.95 (£108.29)



Edge Corner Shower Stool

A height adjustable, comfortable triangular shower stool that fits perfectly in a corner. The stable seat can be angled forwards to help with standing up. Soft ferrules provide excellent grip and slightly angled legs ensure stability. Height adjustable 16 1/2 to 22 1/2".

09 116 3815	£71.25 (£59.38)
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Adjustable Height Shower Stool

This neat shower stool has a moulded plastic seat with adjustable aluminium legs, finished with rubber ferrules. Seat diameter 13 1/2".

	Seat Height	
AA1590	15 to 20"	£47.75 (£39.79)
AA1591	20 to 24"	£54.50 (£45.42)



Corner Shower Stool

This handy tripod stool fits neatly into the corner of the shower giving much more leg room than most stools. Padded vinyl seat for comfort. Height adjustable 20 to 24".

AA1568	£76.95 (£64.13)
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Step-Two Bath Step

This strong lightweight step has a large textured area and central lifting hole. The step is reversible to produce either a 4" or 6" step. Size 20³/₄ x 13³/₄".

AA1825

£63.95

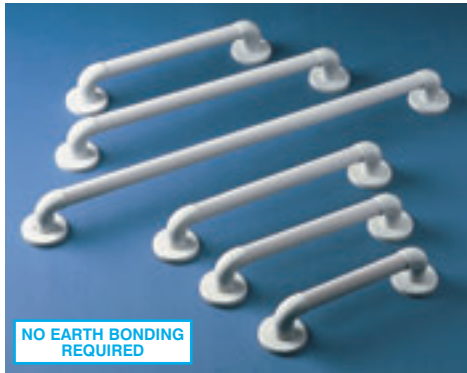


Savanah® Modular Bath Step

Designed to make daily activities, especially getting in and out of the bath, easier. Supplied as a single 4" step, additional steps can be added for extra height. Each additional step adds 2" in height. A foam pad is supplied, improving both warmth and comfort under foot. Surface area 14 x 18".

AA1824Y

£37.50



Fluted Grab Rails

A range of plastic grab rails with grooves along the length of the rail, which provide extra grip, especially for wet hands. Diameter of the tube handle is 1 1/2".

	Length	
AA6061F	12"	£9.75 (£8.13)
AA6062F	15"	£11.75 (£9.79)
AA6063F	16"	£12.35 (£10.29)
AA6064F	18"	£14.95 (£12.46)
AA6065F	24"	£15.95 (£13.29)
AA6066F	36"	£19.95 (£16.63)



Polished Stainless Steel Rails

This stylish range of grab rails has been designed to blend into a modern bathroom environment. The rails durable stainless steel rails are rust resistant. Rail diameter is 1 1/4". Available in either an elegantly straight rail, or a sleek curved design.

Straight	Length	
09 132 9101	305mm (12")	£29.95 (£24.96)
09 132 9119	450mm (18")	£34.95 (£29.13)
09 132 9127	610mm (24")	£37.95 (£31.63)
Curved		
09 132 9143	305mm (12")	£29.95 (£24.96)
09 132 9150	450mm (18")	£39.95 (£33.29)
09 132 9168	610mm (24")	£44.95 (£37.46)



Ringwood Rails

A range of deluxe rails with a 1 1/2" diameter grip and circular end plates. Available with an epoxy coated or chromed finish.

Epoxy	Length	
AA6010	12"	£12.75 (£10.63)
AA6012	18"	£12.95 (£10.79)
AA6014	24"	£14.85 (£12.38)
AA6016	36"	£19.95 (£16.63)
Chrome	Length	
AA6011	12"	£16.40 (£13.67)
AA6013	18"	£17.95 (£14.96)
AA6015	24"	£19.95 (£16.63)
AA6017	36"	£29.95 (£24.96)

NOTE: We recommend that for maximum safety, all grab rails are installed by a person who has suitable qualifications and/or experience installing this type of product ensuring that the fixings are appropriate for the specific installation.



EasyBar Suction Grab Rail

This useful suction grab rail offers safe and sturdy support without having to screw the product to the wall making it ideal for taking away on holiday. It is designed for use only on smooth and non-porous surfaces such tiles, glass, porcelain or fibreglass. The rail has a safety warning indicator to ensure that it is securely fixed.

21534	13 ³ / ₄ "	£24.95
21535	19 ¹ / ₂ "	£27.95



Prima Grab Rails

An innovation in safety grab bar design. The Prima grab bars feature special soft grip mouldings around the bar to reduce the risk of slipping, even with wet soapy hands. The bars are strong, one-piece moulded plastic. Available in a range of six sizes to suit any location.

	Length	
AA6096A	12"	£9.40 (£7.83)
AA6096B	16"	£10.55 (£8.79)
AA6096C	18"	£11.80 (£9.83)
AA6096D	24"	£16.50 (£13.75)
AA6097A	Angled 13"	£12.35 (£10.29)
AA6097B	Angled 16"	£16.00 (£13.33)



GripSure™ Grab Rail

The GripSure grab rail has soft ribbing to provide additional grip in wet areas. They are warm to the touch, and the stylish design makes them ideal for use in the bathroom. The elliptical rail is comfortable and easy to grip and the oval shaped fixing plates have an attractive cover to hide unsightly screw heads. Rail diameter is 1 1/2".

	Length	
09 118 7822	12"	£8.40 (£7.00)
09 118 7830	16"	£9.65 (£8.04)
09 118 8077	18"	£10.65 (£8.88)
09 118 8093	24"	£13.40 (£11.17)



Waterproof Cast & Dressing Protectors

Simply slip over a cast or dressing for protection when taking a bath or shower. Re-usable, they will last for up to two months with average use. Not for use with open or undressed wounds or when swimming.

AA1864	Arm A	£27.75
09 115 8294	Full Arm	£27.75
09 115 8310	Elbow	£27.75
09 115 8302	Mitt	£24.25
09 115 8328	Knee	£33.75
AA1865	Leg B	£27.75
AA1866	Full Leg	£33.95



Inflatable Shampoo Basin

Inflatable, tough, vinyl basin, supporting neck and head for washing hair when confined to bed. Drainage tube removes waste water.

AA1874	£43.50
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Deluxe Hair Washing Tray

With a unique, flexible surround that prevents slipping and provides comfort, this hair washing tray rests comfortably on the shoulders to enable upright shampooing. Secured in place via a strap around the user's arm.

AA1878	£36.50
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20 1/4 st

White Line Shower Stool

These height adjustable, aluminium shower stools have a cut out seat to enable easier personal cleansing. Seat height adjustable from 18 1/2 to 22 1/2". Seat width 15 3/4".

BE01W	Stool	£72.50 (£60.42)
BE02W	Stool with Arms	£81.25 (£67.71)



25 st

White Line Corner Shower Stool

The tripod shaped frame of this stool enables it to fit neatly into the corner of a shower cubicle, making optimum use of the space available. Seat height 17 1/4" to 21 1/4". Seat width 20 1/2".

BE11W	Stool	£72.50 (£60.42)
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White Line Shower Chair

This shower chair has armrests on the side of the seat to provide additional support when raising from or lowering to the stool. The plastic backrest offers additional support and comfort. Available as a folding chair that folds neatly away when not in use. Seat height 18 1/2 to 22 1/2". Seat width 15 3/4".

BE03W	Fixed Chair	£92.25 (£76.88)
BE04W	Folding Chair	£99.75 (£83.13)



20 1/4 st



No Rinse Hair Care

Shampoo your hair without water or rinsing. The alcohol free shampoo leaves hair fresh, clean and odour free, whilst the conditioner eliminates tangled hair, leaving it soft, silky and easy to manage. Easier still, choose a shampoo cap which contains shampoo and conditioner and can be microwaved prior to use. Simply pop on the cap, massage, remove and towel dry. Note, these are not dry products.

09 131 0978	Shampoo cap (single use)	£7.25
09 131 1034	Shampoo 8 fl.oz.	£6.50
09 131 1042	Conditioner 8 fl.oz.	£5.50



25 st

Lightweight Perching Stool

This stool's aluminium frame and moulded plastic seat ensure corrosion resistance and durability. Seat height is adjustable from 20" to 25 1/4". Seat width 17 3/4". Weight 3 3/4 lbs.

09 142 7368	£49.95 (£41.63)
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Dual Function Lotion and Cream Applicator

Apply cream and massage skin at the same time with this long-handled applicator. Simply remove the top of the applicator and fill with the desired cream or lotion. Alternatively, the interchangeable foam head can be used to apply thicker creams directly onto the skin. Handle length 13 3/4". Weight 150g.

AA1818	£9.95
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Foot Brush & Sponge

Useful for people with limited reach to feet. Plastic contoured handle with a nylon brush for comfortable cleaning of feet. Three sponges supplied; one large sponge, two small. Length 24".

AA1848 £16.25 (£13.54)



etac

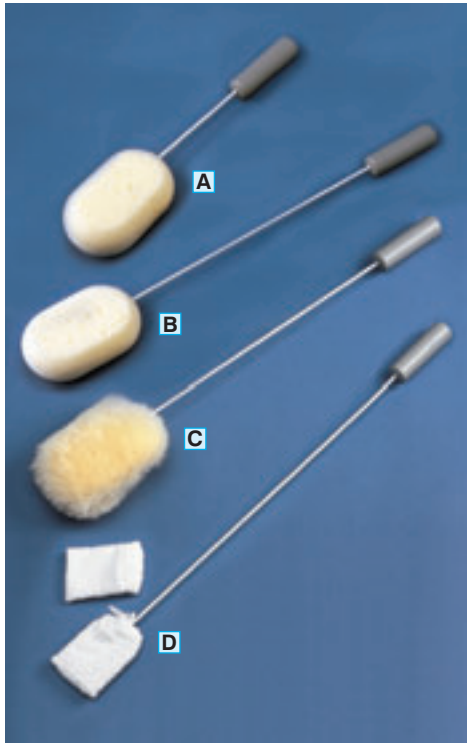
Beauty Bathing Range

Ergonomically designed to provide maximum power with minimal effort. Each has a unique shape to increase reach.

A AA1837 Backwasher £30.95 (£25.79)

B AA1838 Bodywasher £24.95 (£20.79)

C AA1839 Hairwasher £24.95 (£20.79)



Long Handled Washers

Gives easy reach and can be bent to shape to reach awkward places.

Sponge

A AA1831B 15" £11.95 (£9.96)

B AA1831CY 24" £12.50 (£10.42)

Sheepskin pad

C AA1841C 24" £16.25 (£13.54)

Toe washer

D AA1847 28" £13.95 (£11.63)



Flannel Strap

Large handled strap with soft flannel on one side for washing, and foam on the other, for skin toning. Supplied with matching wash mitt. Length 28".

AA1856 £13.50



Long Handled Net Sponge

A luxurious alternative to a brush or sponge, this net encourages the soap to lather providing a more enjoyable wash. The long handle improves reach. Length 15".

AA1842 £8.50 (£7.08)

Lotion Applicator

Angled for easier application of most lotions or creams. Replacement sponges available.

AA1862 Applicator £12.50 (£10.42)

AA186201 2 Sponges £5.95 (£4.96)

Soapy Soles™

A great solution for those with limited mobility, back pain or balance problems. This gentle massage pad has soft little fingers that clean your feet without the need to bend or reach. Attaches to the bath floor by suction cups. Size 11 1/2 x 5 1/2 x 1 1/4".

920318 £21.50 (£17.92)



ShowerSandal™

Simply affix the suction cups of the ShowerSandal to the floor of the shower or bath, wet it, apply some liquid soap and rub your foot back and forth for a thorough, refreshing foot wash. Cleans the entire foot, including in-between toes, the arch, heel, sides and top of the foot.

09 117 8870 Blue £31.50

09 131 0887 White £31.50



Bedroom Commode Chair

This attractive woven commode chair integrates subtly into virtually any home décor. The wipe clean weave is flexible and forgiving, giving ample support and comfort for the user. Supplied with a vinyl covered foam seat pad, which acts as a comfortable chair when not used as a commode. The plastic seat is ergonomically shaped for comfort and accommodates the removable pan. Seat height 18½". Seat width 17½". Width at top 20¾". Total height 30¾".

09 115 6645 **£198.00** (£165.00)



Royale Commode Chairs

A solid ash chair designed to blend into any home. The hygienic sealed tray and pan are hidden by an attractive washable vinyl seat cushion. Available in five colours. Seat Width 18". Seat Height 19".

AA2372	Dusky Pink	£390.15	(£325.13)
AA2376B	Blue	£390.15	(£325.13)
AA2376G	Green	£390.15	(£325.13)
AA2376H	Rich Brown	£390.15	(£325.13)



Deluxe Commode Chairs

A high quality chair that looks stylish and unobtrusive in any room. The concealed commode pan has a handle and lid, to enable it to be removed easily and securely for emptying and cleaning. Seat height 18". Seat width 19" tapering to 15" at the back.

AA2375	Tapestry	£334.35	(£278.63)
AA2375PB	Sapphire	£334.35	(£278.63)
AA2375CN	Navy	£334.35	(£278.63)
101522	Rich Brown	£334.35	(£278.63)



Adjustable Commode Stool

Attractive, height adjustable commode stool with a generously sized seat in a tapestry design. Seat height 17¾ to 22½". Width 17¾".

AA2351 **£193.25** (£161.04)

Adjustable Commode Chair

As above, but with integral plastic arm and back rest.

AA2353 **£255.10** (£212.58)



Deluxe Comfort Commode

An attractive commode with a comfortable padded seat and lid. The padded back and armrests provide further comfort. Available as fixed or adjustable height versions. Width 23¾". Depth 19¾".

Seat height 18½"	
AA2331	£154.20 (£128.50)
Seat height 20½ to 24½"	
AA2335	£164.20 (£136.83)

Basketweave Commode Chair

A traditional wooden frame commode with woven fibre upholstery in white and gold. The potty has a lid and carrying handle. The high chair sides, provide support when rising. Seat height 18½". Width 17¼".

AA2361 **£199.50** (£166.25)



Comfort Commode

Modern, stylish commode that offers comfort and stability within any home. The padded blue seat cover and black seat are easily removed for cleaning. The commode pan with handle is simple to remove. Height adjustment allows the commode to be tailored to the required position. Padded seat height 19 to 25". Width 21½". Seat width 18". Seat depth 17".

521A	Fixed Armrests	£89.95	(£74.96)
521AD	Removable Armrests	£99.95	(£83.29)
11240	Padded Toilet Seat	£115.95	(£96.63)





Height Adjustable Commode

A height adjustable commode which is robust and extremely comfortable. The black toilet seat and plastic commode pan can be easily removed for cleaning. Supplied with a padded lift off seat and back pad. Seat height 19 to 23". Width between arms 18". Overall width 21". Capacity 5 litres.

525 **£74.95** (£62.46)



Commode Ring

This cushion can be used on most commodes or toilet seats to aid comfort. It is covered in waterproofed cotton. External diameter 16". Internal diameter 10 1/2".

AA2394 **£62.75** (£52.29)



Atlantic Commode & Shower Chair

Stylish, easily manoeuvrable commode chair that can also be used as a shower chair or over the toilet. Padded armrests can be swung back, dropped down or removed for side transfers. The aperture provides front access for easier, personal hygiene. Footrest can be folded away. Fitted with 4 braked castors. Seat height 19 3/4". Overall width 26 1/2".

598F Seat width 20" **£530.00** (£441.67)
598XF Seat width 22" **£530.00** (£441.67)

Etac Swift Commode

Attractive, functional commode that suits any location around the home. The plastic and aluminium frame ensures flexibility to adapt to any floor, and provides added stability. Lightweight armrests can be quickly removed for side transferring. The comfy handle in the backrest allows the chair to be transported from room to room. Seat height 16 1/2 to 22 1/2". External width with armrests 22". Width between armrests 17 3/4".

09 116 2288 **£215.95** (£179.96)



Folding Commode

Foldable commode that can also be used over the toilet to suit a variety of environments. Armrests, commode pan and splash guard are provided. Adjustable seat height; 18 to 22"

847 **£84.50** (£70.42)

19 1/2 st

New



Deluxe Folding Commode

A robust metal-framed commode with a padded backrest and toilet seat for added comfort. Both seat and pan come complete with lids for hygiene. Easily folded for storage and transportation. Seat height 19". Width between arms 18".

AA2346 **£161.85** (£134.88)

You may also be interested in . . .

A personal hygiene device for easier cleansing.
 See page 24 for options available.



Waterproof Mat

This machine washable cotton rug is ideal for use where spills may occur. Once washed, it can be tumble dried leaving it clean, odour free and ready for use time and time again. Washable at 40°C. Size 23 1/2 x 35 1/2".

AA2315B Blue **£61.25**
AA2315E Green **£61.25**
AA2315G Grey **£61.25**



Mobile Commode

Mobile commode chair with chrome frame that can be used as a self-contained commode or as an over toilet chair. Drop down, padded arms for side transfer. Supplied with a removeable commode pan. Overall width 21". Seat height 21". Seat width 17". Seat depth 18". Under seat clearance 16 1/2". Under seat clearance without pan holder 17 1/2".

AA2345 **£197.30** (£164.42)

20 3/4 st



Adjustable Toilet Surround

These sturdy toilet surrounds are both height and width adjustable. The arms have handgrips for added comfort and to assist with standing.

AA2202	Steel	£66.95 (£55.79)
AA2203	Aluminium	£78.95 (£65.79)



Toilet Surround with Floor Fixing Feet

This standard toilet surround comprises of two moulded plastic armrests for a comfortable and secure grip, whilst lowering and rising. Available with floor fixing feet which adds that extra stability and support. Height 27½ to 33½". Width 23¼".

503A	Without floor fixing feet	£44.95 (£37.46)
503ELF	With floor fixing feet	£79.90 (£66.58)

Toilet Safety Frame

The toilet safety frame provides the user with a secure handgrip and resting position whilst on the toilet. The frame is simple to attach to the toilet, using the existing seat. The arms are height adjustable to suit most users. Height 25 to 29½". Width 18".

AA2053		£56.90 (£47.42)
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Stirling Powered Toilet Riser

The Stirling Powered Toilet Riser offers a comfortable, secure and more natural position, whilst lowering to or rising from the toilet. The control panel is mounted within an armrest that can be used on either side, allowing the user to operate the riser with the left or right hand. Battery will provide over 20 lifts per full charge.

09 118 9299		£1099.95 (£916.63)
09 118 9349	Spare battery	£154.75 (£128.96)
09 118 9331	Commode kit	£76.35 (£63.63)



Stirling Adjustable Toilet Frames

With a robust, adjustable toilet frame and one piece moulded, clip on seat, the Stirling toilet frames offer great comfort and functionality. The sloping, contoured seat provides the ideal position whilst using the toilet. Both frames are height and width adjustable. Non-slip rubber feet are supplied with the legs. The deluxe frame comes complete with padded armrests. Height adjustment 15 to 21". Width adjustment 19 to 21".

AA2214	Standard	£95.95 (£79.96)
AA2216	Deluxe	£107.95 (£89.96)



Porta Potti Toilet

This portable seat has an automatic flush triggered by the push of a button. The powerful flush operates continuously while the button is depressed. It flushes over 500 times before the batteries (provided) need replacing. For additional support, it may be used with the stand and frame as illustrated.

AA2411	Porta potti (electric)	£254.55
AA2430	Frame	£141.45 (£117.88)
AA2684	Aquakem toilet chemical	£21.00

A standard Porta Potti is also available with a manual flush.

AA2410		£179.55
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Etac Cloo Height Adjustable Raised Toilet Seat

Comfy, ergonomic seat with detachable armrests offer a relaxing support, whilst seated for long periods of time. The seat can be adjusted to give the user a height of 2¼ or 4". Fits easily onto the toilet frame, using the seat attachment and quick release mechanism. For easier cleaning, the seat can be lifted and left in the upright position. Seat width 15¾". Total width 23½". Width between armrests 19¼".

09 116 4227		£212.80 (£177.33)
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Cosby Raised Toilet Seat

This raised toilet seat has a high quality finish, which will blend into any bathroom or toilet setting. The 4" raised seat has been designed to provide a comfortable seating position for user. Three adjustable brackets allow the seat to be fitted easily and safely to most toilets.

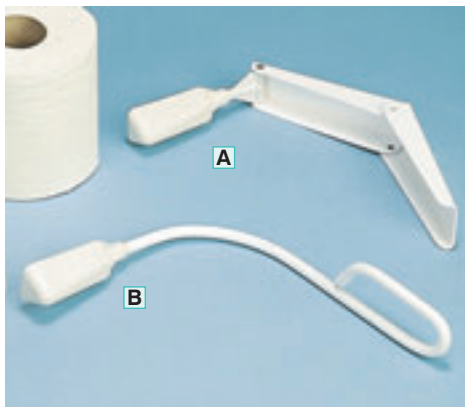
09 117 6130 **£30.65** (£25.54)



Soft Raised Toilet Seat

All the convenience of a standard toilet seat with added comfort. The padded seat and lid are easy to install and keep clean.

AA2117 **£38.65** (£32.21)



Toilet Tissue Aids

Moulded plastic head with recessed grips to hold toilet paper, which is easily removed after use. Available with either folding (A) or non-folding (B) handles.

A AA2652 Folding **£19.95** (£16.63)

B AA2650 Non-folding **£16.50** (£13.75)

Savanah® Raised Toilet Seat

A raised toilet seat with a large rear cut-out for conventional personal cleansing. Smooth, contoured surface provides comfort and security. Two brackets allow easy and quick attachment and a front lip ensures correct positioning. Available with or without lid. Overall length 15³/₄". Overall width with brackets 16¹/₄". Aperture 10¹/₂ x 8¹/₄".

	Height	
AA2112	2"	£33.10 (£27.58)
AA2114Y	4"	£34.15 (£28.46)
AA2116	5 ¹ / ₄ "	£44.10 (£36.75)
AA2112L	2" with lid	£38.60 (£32.17)
AA2114L	4" with lid	£39.75 (£33.13)
AA2116L	5 ¹ / ₄ " with lid	£51.90 (£43.25)

Bidet for Savanah® Raised Toilet Seat

Fits snugly into the Savanah raised toilet seat to create a bidet.

09 116 9549 **£9.10**



Padded Raised Toilet Seat

A soft cushion that attaches to the existing toilet seat to provide extra comfort. The cushion simply attaches with four hook and loop straps. The white vinyl covering protects the cushion and is easily cleaned. Available in two heights. Width 14". Length 16".

AA2137A	2"	£17.10 (£14.25)
AA2137B	4"	£24.30 (£20.25)



Buckingham Easywipe

The Easywipe has a rounded soft and smooth design with a simple mechanism, which grips toilet tissue firmly and releases it cleanly without the need to touch the tissue, ensuring personal hygiene for those who find reaching difficult. Suitable for use with either toilet tissue or wet wipes. Length 15".

AA2651 Standard **£35.85** (£29.88)

09 118 4415 Compact **£46.00** (£38.33)

Savanah



Comfyfoam Raised Toilet Seat

Made from foam which is soft and forgiving, this raised toilet seat is very easy to fit and requires no screw fixings. Fits securely over all standard toilet bowls. It is very hygienic and easy to clean. Height 4".

AA2136	Without lid	£68.40 (£57.00)
AA2136L	With lid	£74.60 (£62.17)



Portable Bidet

This bidet has a soap dish at the front and fits inside most toilet bowls. Width 13³/₄". Length 13³/₄". Depth 4³/₄".

AA2612Y **£17.25**



Urine Bottles

Both urinals have integral handles and can be heat sterilised. Also available, a low spill adaptor for use with the male bottle. Capacity 1 litre.

- | | | | |
|----------|----------------|------------------------|---------------|
| A | AA2630Y | Female bottle | £15.90 |
| B | AA2632Y | Male bottle | £8.70 |
| C | AA2633 | Male low spill adaptor | £17.00 |



Bed Pan

With an integral handle for transportation, this bed pan can be easily emptied after use and stored under the bed. Capacity 1 litre. Width 12". Length 15". Height 4".

AA2643W **£29.75**



Spillproof Urinal

Designed to ensure no leakage, no matter what position it is placed in, this urinal is always ready for use and is easy to store. Capacity 1 litre.

- | | | | |
|----------|---------------|---------------|---------------|
| A | AA2637 | Male urinal | £40.55 |
| B | AA2638 | Female urinal | £51.15 |

You may also be interested in . . .

A bathing sponge for those out of reach places.

See page 20 for options available.



Easiseal™ Disposal System

Designed to hygienically wrap, seal and hide used incontinence products, simply and effectively, without odour or fuss. Discreet and easy to use, fits neatly into the bathroom or bedroom. Replacement cassettes have an anti-bacterial barrier and a fresh citrus fragrance. The unit can hold up to 30 pads and each cassette can be used for up to 98 pads.

- | | | |
|--------------------|---------------------|---------------|
| AA2621 | Easiseal System | £29.99 |
| AA2623 | Light Odor cassette | £4.95 |
| 09 142 2948 | Extra Odor cassette | £5.95 |



Uriwell Unisex Urinal

Need a urinal for both you and your family. The Uriwell urinal can be used by both men and women. The unique design allows the urinal to bend, ideal for use in any position - standing, lying or sitting with no spillages. Collapsible to fit neatly into a handbag, bag or glove compartment. Capacity 750ml.

09 120 8883

£18.50



Slimline Bed Pan

High quality pan available with or without lid. The low profile, side and end handles make it easy and comfortable to use. Capacity 1.5 litres. Width 12". Length 17¾". Depth 4".

- | | | |
|---------------|-------------|---------------|
| AA2658 | Without Lid | £19.60 |
| AA2659 | With Lid | £21.55 |





CLINICALLY
PROVEN TO
REDUCE STRESS
INCONTINENCE

Aquaflex®

Weighted Vaginal Cones

What is Aquaflex®?

Aquaflex is a clinically proven Pelvic Floor Muscle Exercise System consisting of two cones and a set of weights. It has been designed to help improve your pelvic floor muscle tone.

If you accidentally leak urine when you laugh, cough, sneeze or exercise, you may be suffering from stress incontinence and this could be caused by weak pelvic floor muscles. If you exercise and strengthen your pelvic floor you can regain control!

It's easy!

By using this simple and easy to use device for just twelve weeks, the inconvenience of those embarrassing leaks could disappear forever!

013089

£24.95



How does Aquaflex® work?

It is important to exercise your pelvic floor muscles correctly. The Aquaflex Cone is inserted the same way as a tampon and causes the pelvic floor muscles to automatically contract around it. It is this reflex that tones the muscles.

As your pelvic floor becomes stronger you will be able to add more weights and increase the time you are able to keep the cone in place, for up to 20 minutes a day.



Educator®

Pelvic Floor Exercise Indicator

What is the Educator®?

The Educator is a simple lightweight and easy to use pelvic floor exerciser that will help you understand and strengthen your pelvic floor.

Correct Exercise

One of the main problems women experience when first attempting pelvic floor exercises is knowing whether they are doing them correctly. Many women think they are doing these exercises correctly when in fact they may not be. For pelvic floor exercises to help reduce the symptoms of urinary incontinence it is vital these exercises are performed correctly.

017510

£13.20



How does the Educator® work?

The Educator's unique design follows the movement of the internal wall of the vagina, allowing you to see how your pelvic floor muscles are being contracted. If you contract your pelvic floor muscles and the indicator moves downward, you can be sure you're performing the exercises correctly. It's as simple as that!

Even if you can already do pelvic floor exercises, the Educator can assess your technique and monitor your improvement!



IMPORTANT

Do not use Aquaflex or Educator if you are pregnant, during your period, if you have a prolapse or vaginal infection.

Further help

For further medical advice contact your GP who can put you in touch with a Continence Advisor or Specialist Women's Health Physiotherapist in your area.



inner strength, outer confidence



Ladies Pouch Pants

These comfortable, brushed cotton briefs are designed with the pouch on the inside to help secure the pad in place. There are no side seams, giving extra comfort. Waterproof lining.

Hip Size

AA2741A	28 - 30"	£16.45 (£13.71)
AA2741B	30 - 32"	£16.45 (£13.71)
AA2741C	34 - 36"	£16.45 (£13.71)
AA2741D	38 - 40"	£16.45 (£13.71)
AA2741E	42 - 44"	£16.45 (£13.71)
AA2741F	46 - 48"	£16.45 (£13.71)



Waterproof Pants

Traditional waterproof pants, made from softened polymer. Suitable for both urinary and faecal incontinence care.

Hip Size

AA2743A	32 - 36"	£16.05 (£13.38)
AA2743B	36 - 39"	£16.05 (£13.38)
AA2743C	39 - 46"	£16.05 (£13.38)
AA2743D	46 - 52"	£16.05 (£13.38)



Gents Pouch Pants

Similar to the ladies pouch pants above but shaped for men.

Waist Size

AA2742A	30 - 32"	£27.30 (£22.75)
AA2742B	34 - 36"	£27.30 (£22.75)
AA2742C	38 - 40"	£27.30 (£22.75)
AA2742D	42 - 44"	£27.30 (£22.75)



NO PADS
REQUIRED

Ladies Full Brief with Built-In Pad

No need for separate pads or liners, these pants have a built-in pad and can be washed just like normal underwear without losing their effectiveness. Effective absorbency 200mls.

Hip Size

AA2746A	28 - 30"	£22.05 (£18.38)
AA2746B	30 - 32"	£22.05 (£18.38)
AA2746C	34 - 36"	£22.05 (£18.38)
AA2746D	38 - 40"	£22.05 (£18.38)
AA2746E	42 - 44"	£22.05 (£18.38)
AA2746F	46 - 48"	£22.05 (£18.38)



NO PADS
REQUIRED

Gents Traditional Brief with Built-In Pad

Similar to the Ladies Brief but shaped for men and styled with a traditional fly opening. Effective absorbency 200mls.

Waist Size

AA2747A	30 - 32"	£29.60 (£24.67)
AA2747B	34 - 36"	£29.60 (£24.67)
AA2747C	38 - 40"	£29.60 (£24.67)
AA2747D	42 - 44"	£29.60 (£24.67)



Lil Ganmill Stretch Boxer Shorts **New**

Soft, discrete and comfortable whilst offering flexibility to adapt to all body shapes and sizes. For use with Lillight and Lilform shaped pads. Pack of 5.

Waist Size

09 132 1991	24 - 51"	£8.50 (£7.08)
09 132 2007	41 - 63"	£8.50 (£7.08)
09 132 2015	63" +	£8.50 (£7.08)



Lilfix Stretch Pants

Comfortable stretch pants virtually undetectable under clothing. Use with stick-on pads. Fully washable. Pack of 5.

Waist Size

AA27761	20 - 32"	£7.35 (£6.13)
AA27771	32 - 45"	£7.35 (£6.13)
AA27781	44 - 60"	£7.35 (£6.13)
AA27791	51 - 68"	£7.35 (£6.13)



Lilform Suprem Shaped Pads

These inserts are suitable for moderate to heavy incontinence. The 'top dry' layer ensures the pad always feels dry. Designed for use with stretch pants. Suitable for both men and women.

	Absorbency	
AA27910	1570mls (Pack of 25)	£12.45 (£10.38)
09 119 7003	2220mls (Pack of 25)	£18.00 (£15.00)
AA27913	2740mls (Pack of 20)	£19.15 (£15.96)
09 118 1387	2920mls (Pack of 20)	£22.75 (£18.96)



Lillight Suprem Small Shaped Pads

High quality, small, shaped pads specifically designed for active and independent people. Suitable for both men and women.

	Absorbency	
09 119 6625	200mls (Pack of 28)	£5.75 (£4.79)
09 121 3545	340mls (Pack of 28)	£6.35 (£5.29)
09 119 6633	600mls (Pack of 28)	£8.70 (£7.25)
09 132 1967	720mls (Pack of 16)	£5.75 (£4.79)
AA27725	830mls (Pack of 28)	£10.55 (£8.79)
09 119 6641	1030mls (Pack of 28)	£13.50 (£11.25)



Lilfit Suprem All-in-One Briefs

Designed to meet the needs of heavy to severe urinary and/or faecal incontinence. Features include a stay-dry barrier, re-sealable tapes for ideal fit and repositioning after toileting. The anti-leak protection ensures that clothes, chairs, etc are protected and remain dry. Suitable for both men and women.

	Hip Size	Absorbency	
AA2751M	32 – 51"	2430mls (Pack of 26)	£27.20 (£22.67)
AA2751L	41 – 59"	2500mls (Pack of 26)	£30.70 (£25.58)
09 119 7060	24 – 43"	1880mls (Pack of 20)	£21.00 (£17.50)
09 132 1793	32 – 51"	2650mls (Pack of 24)	£25.60 (£21.33)
09 128 3597	41 – 59"	2840mls (Pack of 24)	£27.55 (£22.96)
09 119 7243	43 – 63"	3200mls (Pack of 20)	£29.35 (£24.46)
09 119 7151	32 – 51"	2980mls (Pack of 22)	£26.80 (£22.33)
09 119 7201	41 – 59"	3100mls (Pack of 22)	£28.95 (£24.13)
09 119 7102	24 – 43"	2190mls (Pack of 20)	£22.50 (£18.75)
09 119 7128	32 – 51"	3370mls (Pack of 20)	£28.60 (£23.83)
09 119 7227	41 – 59"	3580mls (Pack of 20)	£28.65 (£23.88)
09 119 7250	43 – 63"	4060mls (Pack of 20)	£32.65 (£27.21)



Lilpad Classic Insert Pads

These slim and discreet stick-on pads are enclosed in a stay dry cover which helps prevent leakage. Suitable for both men and women.

	Absorbency	
09 119 6609	400mls (Pack of 28)	£6.00 (£5.00)
AA27811	525mls (Pack of 28)	£7.60 (£6.33)
AA27821	722mls (Pack of 28)	£10.10 (£8.42)
AA27831	1250mls (Pack of 30)	£13.70 (£11.42)



Lilpants Suprem Pull-up Pants

Ultra convenient, these pull up pants help retain independence and dignity for users. With high absorbency levels, these disposable pants are highly elasticated and are comfortably shaped for both men and women.

	Hip Size	Absorbency	
AA2788A	32 - 43"	1300mls (Pack of 14)	£24.65 (£20.54)
AA2788B	40 - 53"	1300mls (Pack of 14)	£27.45 (£22.88)
AA2788C	47 - 63"	1300mls (Pack of 14)	£30.05 (£25.04)
09 132 1819	40 - 53"	1700mls (Pack of 14)	£28.40 (£23.67)
09 132 1827	47 - 63"	1700mls (Pack of 14)	£31.20 (£26.00)
09 132 1843	32 - 43"	1900mls (Pack of 14)	£28.40 (£23.67)
09 132 1850	40 - 53"	1900mls (Pack of 14)	£30.00 (£25.00)
09 132 1868	47 - 63"	1900mls (Pack of 14)	£33.20 (£27.67)

**BEST
SELLER**



MACHINE WASHABLE

Re-Useable Seat Protector

This reusable seat pad is manufactured from a superior absorbent, stay-dry material with a slip resistant backing that protects both user and seating. Designed for light to moderate incontinence, these pads are machine washable. Effective absorbency 1.3 litres. Size 20 x 27½".

AA2702 £33.50 (£27.92)



MACHINE WASHABLE

Re-Useable Bed Pad

A warm, comfortable but highly absorbent bed pad. It keeps the sleeper dry, reduces bed changes and helps prevent soreness and infection. Absorbency 2 litres. Size 27½ x 33½".

AA2734 £24.65 (£20.54)



MACHINE WASHABLE

Caress Waterproof Bedding

These terry towelling sheets are moulded onto a breathable shield that is waterproof, anti-bacterial and anti-allergenic. Designed to be used in conjunction with a bed pad or bed protector.

AA2707A Single 36 x 75" **£25.70** (£21.42)
AA2707B Double 55 x 75" **£34.35** (£28.63)
AA2707C Pillow case **£11.30** (£9.42)



MACHINE WASHABLE

Re-Usable Seat Pad

These attractive, machine washable seat pads can be used on a chair, car seat or wheelchair. Made from brushed polyester with a quilted absorbent layer, which provides dryness and comfort. Effective absorbency 1 litre. Size 18½ x 23".

AA2700B Blue **£14.65** (£12.21)
AA2700T Tartan **£14.65** (£12.21)
09 120 2662 Floral **£14.65** (£12.21)
09 120 3397 Pink **£14.65** (£12.21)
09 120 3512 Wine **£14.65** (£12.21)

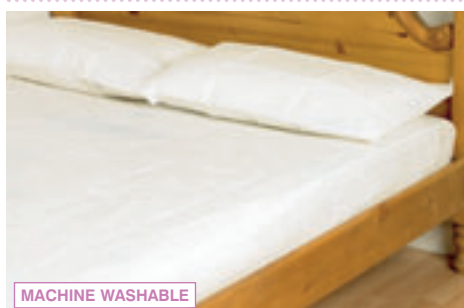


MACHINE WASHABLE

Re-Usable Bed Protector

A reusable, washable underpad that keeps both patient and bed dry with the stay-dry layer and waterproof backing. Supplied with fabric wings to help secure the pad into place. Suitable for light to moderate incontinence. Absorbs approximately 3.5 litres. Size 40 x 40".

AA2703 £69.35 (£57.79)



MACHINE WASHABLE

Waterproof Mattress Protector

Hypo-allergenic waterproof mattress covers, which will protect your mattress from spillages. It also protects the user from dust mites etc. Designed to be used in conjunction with a bed pad or bed protector.

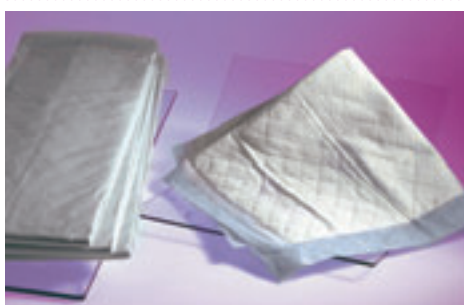
AA2714 Single 35 x 75" **£26.60** (£22.17)
AA2715 Double 54 x 75" **£39.70** (£33.08)
09 118 0884 King 59 x 78" **£48.15** (£40.13)
09 131 4319 Super King 72 x 78" **£51.85** (£43.21)
AA2717 Pillow Case **£11.55** (£9.63)



Mattress Deodoriser Spray

Clean your mattress hygienically in minutes. Just a quick spray of this mattress cleaner effectively kills dust mites and their eggs, destroys unpleasant odours and bacteria instantly, leaving the mattress clean and fresh smelling. Contains 125ml.

09 132 4714 £9.50



Lilbed Disposable Furniture Protectors

These disposable protectors can be used on a bed or chair to help protect the furniture and keep the user comfortable. The waterproof backing ensures leakage protection.

	Size	Absorbency	Pack	
AA2733A	24 x 18"	770ml	35	£13.40 (£11.17)
09 119 1907	24 x 24"	990ml	35	£14.60 (£12.17)
09 120 3488	24 x 24"	1170ml	30	£12.90 (£10.75)
09 119 7326	24 x 30"	1280ml	35	£21.00 (£17.50)
09 119 1915	24 x 36"	1430ml	35	£22.40 (£18.67)
09 132 2148	24 x 36"	1760ml	30	£21.20 (£17.67)
AA2723A	24 x 36"	2090ml	25	£14.95 (£12.46)



MACHINE WASHABLE

Economy Waterproof Mattress Protector

Fitted clear waterproof mattress and pillow protectors in soft PVC to offer protection from spillages. Designed to be used in conjunction with a bed pad or bed protector.

Size
AA2710Y Single 36 x 75" **£20.75** (£17.29)
AA2712Y Double 54 x 75" **£27.40** (£22.83)
AA2716 Pillow case **£6.70** (£5.58)



Parnell Premier Bed Rail

The Parnell bed rail is the ideal solution to help get in or out of bed. Its attractive, ergonomic design complements virtually any bedroom. Designed for use with electrically adjustable beds, the bed rail can also be used on domestic beds including divans, pine and steel or wooden frame beds. Floor frame length 31", width 16". Rail height 31", width 11"

09 117 2550

£255.60 (£213.00)



Homecraft Bed Grab Rail

An ultra sturdy bed grab rail, offering stability and confidence to those that have difficulty getting into and out of bed. The height adjustable frame can be positioned to suit virtually any divan style bed. Simple to assemble and fit. Height 33½ to 37½". Width of handle at the top 10½".

AA3475

£80.15 (£66.79)



Easyleave™ Bed Grab Rail

This bed grab rail gives a secure handle to help manoeuvre in and out of bed. The lower half slides underneath the mattress and is secured into place using the straps provided. Handle height is 18½".

AA3470

£112.90 (£94.08)



Homecraft Mattress Elevator

Quick and easy to fit. Smooth, quiet action using a small transformer, that is easily hidden. Allows those confined to bed for long periods to sit or lie comfortably with a high degree of independence. Width is easily adjusted for single to queen size beds. Securely fixed into place using colour coded straps. Raises and maintains any angle between 9° and 72°. A sideguard is supplied to help prevent pets and children from becoming trapped within the frame. Length 28½". Width 29 to 55½".

09 118 1668

£690.00 (£575.00)



Castle Adjustable Cot Sides

Suitable for both single and double beds. The sides are adjustable in length, width and height. The side is lowered with a push button release. Comes apart for storage. Width 33 to 54". Length 50 to 74". Height above bed base 14½ to 23".

AA3418 Single sided £194.95 (£162.46)

AA3420 Double sided £306.65 (£255.54)



Slatted Bed Grab Rail

Suitable for slatted beds. This bed grab rail has a large base frame for maximum under mattress stability. Base width 24½". Base length 27½". Base to top of handle 19".

780S

£79.50 (£66.25)



Double Loop Bed Grab Rail

New

This bed grab rail has a double loop to assist users getting in and out of the bed. Fits securely under the mattress, is adjustable in width and fits single and double beds.

Width 38½ to 56¼". Height 17½".

780

£49.95 (£41.63)



Adjustable Back Rest

A comfortable back rest, adjustable to a variety of angles. The frame is covered in strong blue canvas for support in a bed or a chair. Height 22½". Width 19¾". Depth 15½".

AA3612 £42.00 (£35.00)



Bed Fleece

Washable, fire retardant, fleeces that provide warmth and comfort, for hips, elbows or heels.

AA3915	Hip pad 27 x 30"	£36.25
AA3916	Single 27 x 60"	£72.45
AA3917	Single fitted 36 x 60"	£85.85



Adjustable Bed & Chair Table

An adjustable height table with an attractive, light oak top that features raised edges to help prevent items slipping when the top is tilted. No castors allow the table to be used under a bed or chair with a low clearance. Height adjustment 24 to 36". Can be tilted from 0 to 70°. Width 24". Depth 16".

751 £52.50



Bed Rope Ladder

A simple idea to assist with sitting up in bed. The ladder handles can be gripped by the user to pull themselves up in bed. Secured in position by cords that are tied around the bed legs. Suitable for single or double beds. Cord length 3m. Handle length 8".

AA3660 £17.00 (£14.17)



Mattress Topper

The nodules on this mattress topper mould to the body's shape evenly, giving comfort and gently massaging the body.

AA3920	Single	£61.40
AA3921	Double	£97.00
AA4028	Wizard Pillow	£44.90



Adjustable Bed & Chair Table with Castors

Great for use with either a bed or chair. This table can be easily disassembled for storage or even taking away on holiday. The laminated tilting top has raised edges to prevent items slipping off. Fitted with four castors for easy manoeuvring. Height adjustable 21¼ to 32¾". Maximum load 10kg.

753C £54.50



Mattress Tiliter

This mattress tiliter can be used under the mattress at the bottom of the bed to relieve the symptoms of swollen ankles, varicose veins or lower back pain. Alternatively, it can be used under the mattress at the top of the bed to relieve respiratory problems. Size 18 x 25 x 5".

AA39001 £42.40



Adjustable Bed Cradle

Slides between bed base and mattress to keep the bed clothes off the user. Height adjustable between 15 and 24" and can be separated for storage. Width 14". Length 22½".

AA3652 £42.50 (£35.42)



Table Valet

A portable table ideal for bedside meals, reading and hobbies. The top has a lip to prevent items from rolling off and is adjustable in both height and angle. Table top 20¼ x 16". Height adjustment 20¾ to 28¾".

AA3701 £29.99



UpEasy Power Lifting Cushion

Similar to the UpEasy Seat Assists, but electrically powered. Easy to use, lightweight and portable, this lifting cushion is a great alternative to any riser chair, providing 100% lift for users. The powered lifting cushion is provided with a machine washable blue cover. Width 16". Depth 19".

AA3266 £314.35 (£261.96)



CouchCane

Height adjustable, steel handle that provides support and stability when rising from the settee, chair or recliner. Handle is cushioned for added comfort. Interchangeable for left or right side positioning. Height adjustable from 29 to 32".

09 116 0712 £158.45 (£132.04)



Uplift & UpEasy Seat Assists

These portable hydraulic cushions are placed onto a chair to transform it into an automatic lifting seat. Easy to adjust to each user's weight, they provide a stable, gentle lift that supports up to 80% of the users weight. It has a built in carry handle and can be flattened for transport. Available in two weight ranges. The UpEasy has a washable blue cover and a standard foam cushion. The Uplift has a wipe clean, waterproof black cover and a memory foam cushion for extra comfort. Width 17". Depth 19".

	Cushion	User Weight	
AA3260	UpEasy	6¾ to 15¾st	£187.15 (£155.96)
AA3261	UpEasy	14 to 25¼st	£187.15 (£155.96)
AA3262	Uplift	5½ to 16½st	£218.45 (£182.04)
AA3263	Uplift	14 to 25st	£218.45 (£182.04)



Medeci Furniture Raisers

Unique raisers that enable a variety of furniture to be raised at the heights required for the user. Easily and securely fitted to a wide range of beds and chairs. Armchairs and beds with castors can be raised from 4 to 7". Chairs and beds with wooden legs can be raised from 2 to 5". The raisers are suitable for uneven floors and are unobtrusive, reducing the risk of tripping. Supplied as a set of 4.

09 118 6972 £61.95



Wooden Chair Raisers

A hardwood cube with three recesses to suit different leg widths. Raise 3". Max diameter of leg 3". Set of 4.

AA3306 £38.60 (£32.17)



Langham Multi-Purpose Raiser

Unique in design and versatility, this modular raiser has been developed to raise chairs, settees and beds. Discreet when used under furniture and has maximum support giving security and reassurance. Height adjustable with simple to use clip on sections. For example, to raise an armchair by 4¾", two raiser packs, one pack of spreader bars and one pack of height adjusters would be required.

AA3373 Multi-Purpose Raiser £45.50 (£37.92)
Pack of 2 Linked

AA3373A Spreader Bar £25.85 (£21.54)
Pack of 6

AA3373B Height Adjusters £25.85 (£21.54)
Pack of 12



**BEST
SELLER**

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MADE TO ORDER
DELIVERY FOUR
TO SIX WEEKS

20
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Deluxe Sandringham Chair

A quality chair with high back and seat, making it easier to rise from than standard chairs. The slightly sloping back and the thick padded seat combine to provide excellent comfort. Comes with filled-in sides and wings for extra security, warmth and comfort. Seat height 20". Seat width 18½". Seat depth 19". Back height 25".

	Fabric	Colour	
AA3097F	Dralon	Burgundy	£532.55
AA3097H	Dralon	Champagne	£532.55
AA3098B	Vinyl	Kingfisher	£621.35
AA3098E	Vinyl	Woodpecker	£621.35

Sandringham Footstool

This high quality, stylish stool has been designed to match the Sandringham chairs. The slightly sloping, thick padded top provides the legs with a comfortable and relaxing position. Base width 17½". Base length 17". Stool height from 17" to 12". Choose from dralon or vinyl.

	Fabric	Colour	
AA3105F	Dralon	Burgundy	£241.55
AA3105H	Dralon	Champagne	£241.55
AA3106B	Vinyl	Kingfisher	£241.55
AA3106E	Vinyl	Woodpecker	£241.55



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Powered Lift Chair

This attractive powered lifting seat is simple to use and enables those with restricted mobility to rise from and lower to a seated position in safety and comfort. Small rear wheels allow easy transport from room to room. Available in green vinyl, with a choice of three sizes.

AA3160	Petite	£861.20	(£717.67)
AA3161	Standard	£861.20	(£717.67)
AA3162	Tall	£861.20	(£717.67)

CHAIR SPECIFICATIONS			
	Petite	Standard	Tall
	Inches	Inches	Inches
Seat Height	18½	18½	19
Seat Width	17¾	19¾	19¾
Seat Depth	17¾	18½	20½
Back Height	27	27½	29
User Height	Under 5'3"	5'3" - 5'8"	5'9"+



Adjustable Padded Leg Rest

Both the angle of the tilt and height of the leg rest are simple to adjust to suit your needs. The cushion top is covered in a dark brown dralon. Height adjustable from 15¼ to 19½".

AA4200 £146.05



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Height Adjustable Chair and Footstool

With this adjustable chair, additional height is provided to make manoeuvring easier. The seat height can be adjusted from 18½ to 22½". Covered in a classic brown vinyl for durability and ease of cleaning. Seat width 19".

AA3091	Chair	£272.75
AA3060	Footstool	£76.85



Foldable Leg Rest

A wooden leg rest that adjusts to suit the required comfort and position. Can be used up to stimulate leg circulation, folded to keep the feet warm or angled to rest aching legs. Covered with a fleecy cushion for added comfort. Height 4 to 17". Cushion size 18 x 14".

AA4202 £25.75

COLOUR CHOICES FOR SANDRINGHAM CHAIRS

Please state colour and fabric choice when ordering. A colour swatch is available upon request.

DRALON

VINYL

MADE TO ORDER

The Sandringham chairs are made to order and take four to six weeks to deliver from date of order. Returns are not possible.



THE ORIGINAL MCKENZIE® LUMBAR ROLLS

Designed by world-renowned physiotherapist and author, Robin McKenzie, these lumbar rolls when used correctly can prevent and help neck and back pain caused by poor posture. Made to the highest quality and specifications, the Original McKenzie® rolls are the genuine article. Ideal for use in the home or office. Effective, affordable self treatment for life.



The Original McKenzie® Super Roll

Firm Density: The Original McKenzie Super Roll is a superior lumbar support that provides the ultimate in function and aesthetic value. This roll is made of injected-moulded foam, which retains support for an almost indefinite period. Its flatter, curved shape contours comfortably around the body.

09 123 1877

£18.25

The Original McKenzie® D-Shape Roll

Firm Density: The Original McKenzie D-Shape Roll is made of high density foam and is therefore quite firm. It is recommended for use on soft furnishings such as sofas, lounge chairs etc or for people who require lots of support (heavy-built people, or people with a large hollow in the lower back).

09 123 1802

£14.25

The Original McKenzie® Round Roll

Medium Density: The Original McKenzie Round Roll was the first ever lumbar roll made in the world. Although this roll looks quite bulky, it compresses down very easily, while still giving the appropriate support. Available in a 4" or 5" thickness.

09 123 1752 4"

£14.25

09 123 1745 5"

£15.20



The Original McKenzie® Heavy Duty Roll

Heavy Density: The Original McKenzie Heavy Duty Roll is available in 4" and 5" thickness, and is perfect for use in the home or the office.

09 123 1778 4"

£14.75

09 123 1794 5"

£15.60

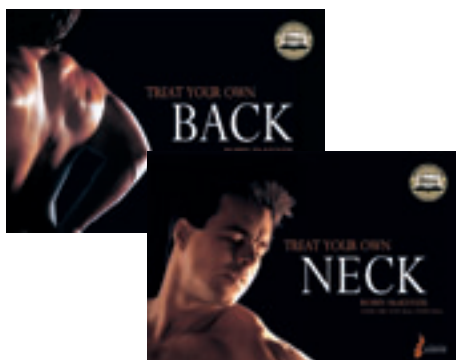


The Original McKenzie® Airback™

This inflatable lumbar roll is ideal for commuters and travellers. Especially useful on planes where the lumbar support is generally inadequate for long distance travel.

09 123 1851

£14.75



The Original McKenzie® Self Treatment Books

Two books written by Robin McKenzie, aimed at providing valuable information and exercises for anyone suffering from back or neck pain.

09 123 0788 Treat your own back

£18.43

09 123 0762 Treat your own neck

£15.36



Chiro Cushion

This specially designed, wedge-shaped cushion alleviates pressure on the coccyx, to help relieve lower back pain. Width 17". Depth 14".

AA4102

£30.45

Deluxe version available with a black tweed cover.

AA4104

£46.20



Memory Foam Seat Cushion

A soft, comfy cushion used for extra support on a chair and is ideal when seated for long periods. Length 17½". Width 17½". Height 2".

09 116 4128

£59.15



Dunlopillo Ring Cushion

Fire retardant latex foam ring to give comfort when sitting. Cover sold separately. Diameter 17".

AA3940	Cushion	£28.70
AA3942	Cover	£17.85



Visco Ring Cushion

A visco foam ring cushion that allows the user to sit for long periods of time. Made from highly therapeutic foam that moulds to the users required seating position. Cover sold separately. Diameter 17".

AA3941	Cushion	£67.55
AA3941A	Cover	£13.10



Royal Rest® Pillow

Royal Rest pillows stay cool and fresh throughout the night. The material is cut, rather than moulded, therefore, the cells in the foam remain open. Air circulation is maximised thereby reducing the discomfort of sweating. The pillow cover is made of 100% cotton helping people with sensitive skins to enjoy a comfortable and restful sleep. Size 19¾ x 15".

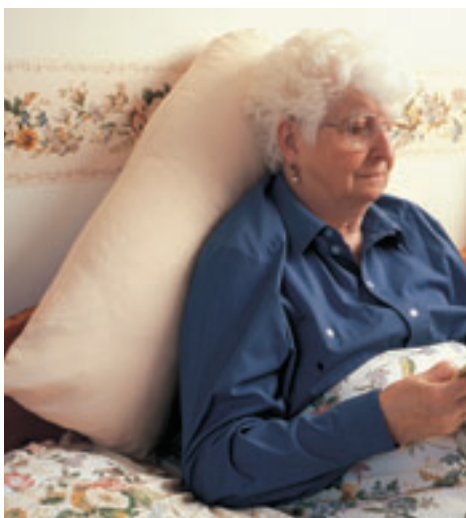
RR10	£61.75
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Neck Support Cushion

Made from pure new wool pile, this pillow enables the user to rest comfortably whilst seated in the car, bus or on the plane. Washable cover available. Size 12 x 12 x 4".

AA4008	£31.60
AA4008A	Cover £11.65



V-Shaped Back Support Pillow

A large V-shaped, washable pillow, for supporting the body in bed or an armchair. Pillow slips are available in white.

AA4070	Pillow	£30.15
AA4072A	Slip	£8.85



Prop-Up Bed Wedge

This foam wedge will prop you up in bed and comfortably support you at two different angles. Removable cover supplied. Size 10 x 22 x 22½".

AA4082	£47.30
AA408201	Spare Cover £19.20



Orthopaedic Pillow

A generously sized, quality pillow that provides comfortable support for head and neck. The contoured shape provides excellent cervical support in a variety of positions. Fits standard sized pillow case.

A818604	£40.75
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Wizard Pillow

This pillow supports the head, neck and back vertebrae, making sure they are in correct alignment. The nodular top surface allows air to circulate. Size 21¼ x 13¼".

AA4028	£44.90
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sorbothane

LEADERS IN SHOCK STOPPING
INSOLE TECHNOLOGY

OUR UNIQUE WORLD LEADING TECHNOLOGY IS NOW EVEN MORE ADVANCED TO GIVE MAXIMUM PERFORMANCE WITH EVERY IMPACT.

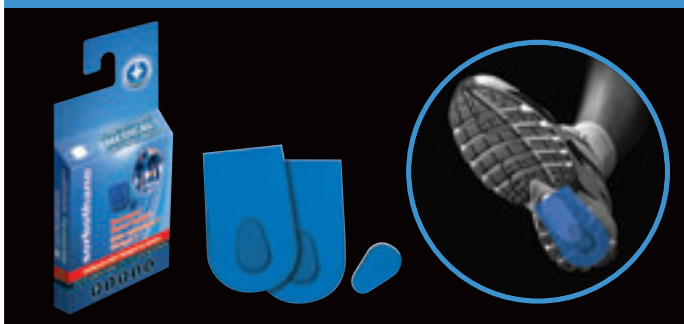
- Unrivalled Shock Absorption
- 100% effective with every stride
- Up to 30% lighter
- Nano silver antibacterial technology for maximum comfort
- Cutting edge pack designs

MEDICAL PROFESSIONALS RECOMMEND SORBOTHANE

Transform your feet into shock-absorbing, energy returning machines with Sorbothane technology. New improved Sorbothane insoles are scientifically proven to absorb harmful shock waves associated with foot strike.



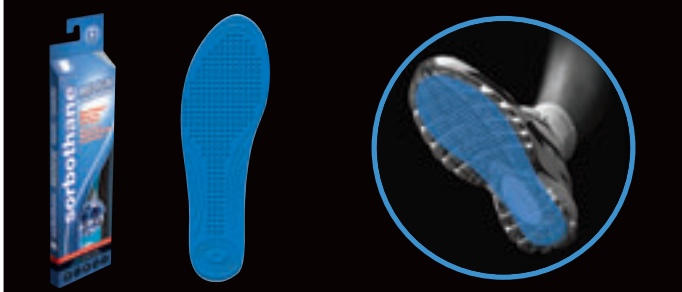
Medical Soft Spot



- A versatile heel pad with a removable central plug
- Specifically designed for the treatment of plantar fasciitis and heel spurs
- Suitable for most footwear
- Antibacterial top sheet

09 126 3466	Size 3-5	£13.99
09 126 3482	Size 6-8	£13.99
09 126 3474	Size 9-13	£13.99

Medical Insole



- Softer duro to aid comfort and rehabilitation
- Suitable as an addition or a replacement for the original insole
- Suitable for most footwear • Antibacterial top sheet • Trim to fit lines

09 126 3557	Size 3-4½	£18.99
09 126 3565	Size 5-6	£18.99
09 126 3573	Size 7	£18.99
09 126 3581	Size 8	£18.99
09 126 3599	Size 9	£18.99
09 126 3607	Size 10	£18.99
09 126 3615	Size 11-12½	£18.99

Medical Heel Pad



- Softer duro to aid comfort & rehabilitation
- Used where both shock absorption and lift are required
- Relieves calf strain and helps in the treatment of Achilles tendonitis
- Antibacterial top sheet • Suitable for most footwear

09 127 8928	Size 3-5	£10.99
09 126 3086	Size 6-8	£10.99
09 126 3094	Size 9-13	£10.99



Elbow & Heel Protectors

These cushioned heel and elbow protectors have integral foam pads, to which creams and lotions can be applied. Can be machine washed and tumble dried. Length: Small 9", Medium/Large 11" and X-Large 13". Supplied in pairs.

A731S	Small	£27.10
A731M	Medium/Large	£27.10
A731XL	X-Large	£27.10

Note: It is advisable to consult your nurse/therapist before purchasing pressure products.



Fleece Heel Protector

Washable wool pile pads that attach to the heel with hook and loop straps to provide comfort and to minimise shearing tissue. Supplied as a pair.

AA3902	£18.85
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Fleece Open Slippers

Comfortable slippers made from wool pile, to give comfort and protection to the whole foot. Supplied in pairs. Sizes: Small, Medium or Large.

AA3906A	Small	£28.80
AA3906B	Medium	£28.80
AA3906C	Large	£28.80



Ladies Comfort Slippers

With a wide opening for swollen feet, these machine washable slippers have a slip resistant, hard wearing sole. The hook and loop fastening ensures these slippers are easy to fasten and adjust. Available in blue or red. Machine washable.

Blue	Red	Size	
AA4562D	AA4563D	4	£19.80
AA4562E	AA4563E	5	£19.80
AA4562F	AA4563F	6	£19.80
AA4562G	AA4563G	7	£19.80
AA4562H	AA4563H	8	£19.80



Gents Washable Slippers

An attractive, navy check slipper for gentlemen that are comfortable and functional. The hook and loop fastenings allow the slippers to be easily adjusted. Machine washable.

	Size	
AA4578G	7	£23.60
AA4578H	8	£23.60
AA4578I	9	£23.60
AA4578J	10	£23.60
AA4578K	11	£23.60



Skizmo Shoe Remover

For quicker, easier and safer shoe removal. Designed to assist the removal of footwear for those that finding bending and stretching difficult. Not recommended for use on uneven, inclined or slippery surfaces.

09 131 8278 £29.95



Ladies Comfort Booties

Similar to the ladies comfort slippers, but styled as an ankle high boot for more warmth, comfort and support. Available in blue or red. Machine washable.

Blue	Red	Size	
AA4564D	AA4565D	4	£22.55
AA4564E	AA4565E	5	£22.55
AA4564F	AA4565F	6	£22.55
AA4564G	AA4565G	7	£22.55
AA4564H	AA4565H	8	£22.55



Gents Comfort Booties

Similar to the ladies bootie (above) in neutral brown for gentlemen. Machine washable.

	Size	
AA4566G	7	£23.80
AA4566H	8	£23.80
AA4566I	9	£23.80
AA4566J	10	£23.80
AA4566K	11	£23.80



Easigrip Chiropodist Scissors

These scissors have strong surgical steel cutting blades. The large handle is ideal for those who find it difficult or painful to grip. Length 8".

AA6766Y £12.95



Blue Cotton Slippers

These cotton slippers are ideal to wear outdoors in the summer and will help keep feet cool and comfortable in warm interiors. With wide openings making them easy to put on and take off.

	Size	
AA4543D	4	£19.40
AA4543E	5	£19.40
AA4543F	6	£19.40
AA4543G	7	£19.40
AA4543H	8	£19.40



Long Handled Plastic Shoehorn

A long handled plastic shoehorn that provides excellent reach whilst applying footwear. Length 17".

AA4600Y £3.95 (£3.29)



Hallufix Bunion Aid Splint

The dynamic day and night comfort bunion splint corrects toe malpositioning. It protects and relieves the painful bunion and supports the entire foot while walking. The splint is easily put on and can be worn left or right.

09 120 1706 Originals £58.00
09 120 1995 Replacement Strap £29.65



Dorking Stocking Donner

Compact in design, this device is both stylish and sturdy. Extendable handles enable easy application of stockings and socks for those with limited reach. Epoxy coated frame creates a smoother surface that reduces the risk of snagging. Total height 22".

AA4653

£26.75 (£22.29)



Dorking Tights & Stocking Puller

Simple, but effective devices on which tights, socks or stockings are gathered and then pulled up using long cords.

AA4654Y Tights aid **£8.05** (£6.71)

AA4650Y Stocking aid **£5.20** (£4.33)



Brevetti Sock & Stocking Puller

The end of this stocking aid rotates making it easier to pass around the heel area. A notched shoe horn is attached to the handle end. Length 29".

AA4666 **£24.50** (£20.42)



Terry Cloth Sock Aid

Sock application is made easy with this flexible, plastic sock aid. Slits in the plastic core allow it to bend around the heel. The inside is lined with nylon to reduce friction. The outside is lined with terry cloth to hold the sock firmly until it is on the foot. Length 9".

A7273 **£15.25** (£12.71)



SlipLift® Pants Aid

Unique and simple device that assists in applying underwear, independently. The SlipLift enables those that have difficulty reaching to the floor, gather the underwear up to the knees. Lightweight and easy to use. Width 15". Height 14". Depth 8".

09 118 1395 Width 15" **£38.05** (£31.71)

09 120 3603 Width 18" **£42.20** (£35.17)



Kings Button Hook

Assists one handed dressing by passing through the button hole and gripping the thread of the button. The wire is pulled through with a twisting motion. Length 8".

AA4677 **£11.00** (£9.17)



Beauty Hair Care Range

Designed to give maximum reach with minimum power, these attractive utensils are shaped to follow the curve of the head.

AA4720 Brush **£20.15** (£16.79)

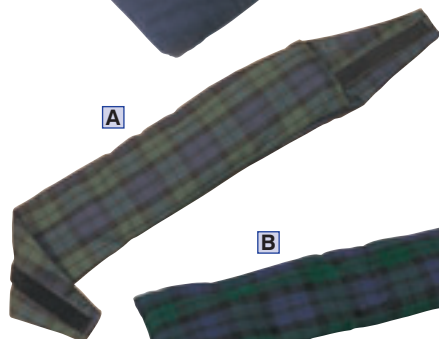
AA4721 Long brush **£22.05** (£18.38)

AA4722 Comb **£18.20** (£15.17)

AA4723 Long comb **£19.15** (£15.96)



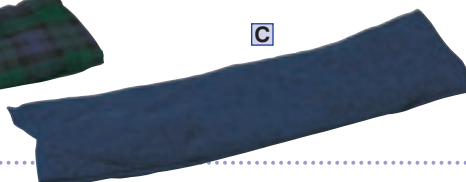
D



A



B



C

The Wheat Bag Range

Ease away those everyday aches and pains with these wheat bags. Simply heat in the microwave for just a few minutes and apply to the necessary area giving you instant warmth. Can also be frozen and used as a cold compress. The removable washable cover can be scented with aromatherapy oil.

Neck collar 29 x 4"

A AA4314 £33.95

Wheat bag 17 x 5"

B AA4316 £19.60

Lavender scented wheat bag 17 x 5"

C AA4309 £23.15

Hot Water Bottle 13 x 8"

D AA4317 £23.75



Heated Back Warmer

This superb heated back warmer delivers constant heat and is both portable and adjustable. The heating elements in the two sides of the lower back can be heated independently and at different temperatures. The lightweight design means it will fit under clothes and can be worn comfortably all day. Supplied with a rechargeable battery pack.

09 120 8388 Medium £60.00

09 120 8396 Large £60.00



Electric Foot Warmer

A practical solution for those that suffer from cold feet. This rapid warming foot warmer has a choice of 2 temperature settings, with a soft washable fleece lining and hard-wearing outer material. Size 12⁴/₅ x 10²/₅ x 10²/₅".

09 116 3575

£58.10



Therapeutic Heating Pad

A small heating pad to bring gentle warmth to any part of the body. Easy to use switch, two heat settings and an automatic safety cut out. Cannot be used with a pacemaker. Cover is removable for washing. Size 16 x 11".

AA4331

£46.10



Thermoskin™ Arthritic Gloves

Developed to help relieve arthritic pain in the fingers and the hand. The outer fabric is textured to provide grip, while the inner naturally generates heat for therapy and pain relief. Allows the skin to breathe even after many hours of wear. For size, measure circumference of the hand around the knuckle.

929333 Small 7 to 7³/₄" £32.45

929334 Medium 8 to 8³/₄" £32.45

929335 Large 9¹/₄ to 10¹/₄" £32.45

HIPS® Combined Hip Protection System

Studies have shown that the use of hip protectors can considerably reduce the risk of a hip fracture. This protector is lightweight, made from soft, comfortable foam and safe, flexible plastic that contours the body. The stiff shield and foam diverts and absorbs the energy of the impact. The protectors are water resistant and machine washable.

Ladies Size Hip Size

09 117 1917 S 900-950mm (35¹/₂-37¹/₂") £79.95 (£66.63)

09 117 1925 M 960-1020mm (37³/₄-40") £79.95 (£66.63)

09 117 1933 L 1030-1090mm (40¹/₂-43") £79.95 (£66.63)

09 117 1941 X-L 1100-1170mm (43¹/₄-46") £79.95 (£66.63)

Gents Size Hip Size

09 117 1958 S 850-910mm (33¹/₂-35³/₄") £79.95 (£66.63)

09 117 1966 M 920-980mm (36¹/₄-38¹/₂") £79.95 (£66.63)

09 117 1974 L 990-1050mm (39-41¹/₄") £79.95 (£66.63)

09 117 1990 X-L 1060-1140mm (41³/₄-45") £79.95 (£66.63)



Palm Protector

This support is used to prevent fingers and nails digging into the palm of the hand.

A812101 Left £23.45

A812201 Right £23.45



Designed for injury prevention as well as everyday aches and pains. Vulkan supports help relieve discomfort, promote faster healing and get you back to fitness quicker.

Vulkan® Classic Supports

Vulkan Classic products are made from quality closed cell Neoprene for the most effective and durable support available.



Vulkan® Classic Open Knee

This knee support has a stitched buttress, which gives support to the patella. Helps to relieve the pain of patella symptoms, unstable and medial or lateral ligaments, and cartilage damage.

	Size
09 123 7619	XS 26-30cm
09 123 7643	S 30-35cm
09 123 7635	M 35-40cm
09 123 7627	L 40-45cm
09 123 7601	XL 45-50cm
£21.49	



Vulkan® Classic Ankle Strap

Provides warmth, compression and support to injured ankles. Ideal for those with an active daily lifestyle. Suitable for minor pains, strains and arthritic pain.

	Size
09 123 3071	XS 16-19cm
09 123 3063	S 19-22cm
09 123 3055	M 22-25cm
09 123 3089	L 25-28cm
09 123 3048	XL 28-31cm
£15.99	



Vulkan® Classic Back Support

Indicated for central backache and/or pain radiating as far as the buttock. Reduces unwanted twisting movements. Useful for those working in a manual occupation where lifting may be involved. One size fits all.

09 123 5829
£25.99



Vulkan® Classic Wrist Support

Helps relieve swelling. Provides uniform support and compression. Indicated for light sprains, strains and rheumatism. Covers wrist and palm of hand.

	Size
09 124 0605	XS 11-13cm
09 124 0621	S 13-16cm
09 124 0639	M 16-19cm
09 124 0613	L 19-22cm
09 124 0597	XL 22-25cm
£15.49	

Vulkan® Advanced Elastic Supports

The Vulkan Advanced Elastic range is the latest innovation in lightweight supports. The range has been developed using NanoFlextra™ technology, a superior performance material with multiple functions.



Vulkan® AE Knee Support

Unique comfort and heat retention. Provides superior support and compression to control and limit swelling. Ideal for sprains and strains. Easily worn under clothing for daily prevention and protection.

	Size
09 121 7215	S 28.5-31cm
09 121 7207	M 31-35cm
09 121 7199	L 36-40.5cm
£11.99	



Vulkan® AE Ankle Support

Closed heel design for comfort during movement. Ideal for weak ankles and slight strains of the tendons and ligaments. Provides effective support and compression. Unique antibacterial material ensures support stays odour free.

	Size
09 121 6787	S 21-23
09 121 6779	M 23.5-26cm
09 121 6761	L 26-30cm
£11.99	



Vulkan® AE Elbow Support

Provides comfort for swollen or tender elbows as a result of sprains and strains. Firm support for prevention of further pain and discomfort. Ideal for racket sports, golfing and short term use to control swelling.

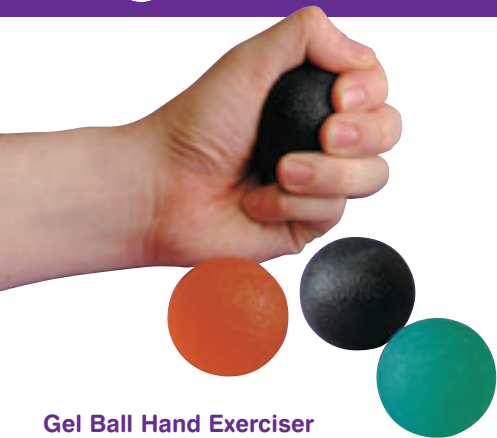
	Size
09 121 7025	S Below 23.5cm
09 121 7017	M 23.5-26cm
09 121 7009	L 26-28cm
£11.99	



Vulkan® AE Wrist Support

One size fits all support to help aid weak, injured or swollen wrists. Features a thumb loop, designed to secure the support in place. Universal design to fit both left and right wrist.

09 121 7470
£11.99



Gel Ball Hand Exerciser

Colour coded to provide variable resistance exercises for hands, fingers and forearms. Pleasant to touch, they return back to their original shape after each squeeze.

	Colour	Resistance	
AA9801	Blue	Soft	£3.90
AA9802	Green	Medium	£3.90
AA9803	Orange	Firm	£3.90



Biofreeze Pain Relief

Helps relieve pain from:

- ✓ Arthritis
- ✓ Joint stiffness
- ✓ Backache
- ✓ Muscle strain
- ✓ Plantar fasciitis

09 121 2075	118ml Spray	£10.00
09 121 1945	118ml Gel	£10.00
09 125 1008	89ml Roll-on	£10.00



Physio Med Exercise Balls

A complete range of burst resistant exercise balls, up to 500kgs. This product comes complete with 2 extra plugs and a pump all packed in a handy, compact carrier box.

PRO1	45cm	Yellow	£16.75
PRO2	55cm	Red	£17.95
PRO6	60cm	Orange	£19.15
PRO3	65cm	Green	£19.15
PRO7	70cm	Black	£20.35
PRO4	75cm	Blue	£20.35



Massage Balls

Great for relieving tension and stimulating blood circulation. Available in 5 different sizes.

	Diameter	
AA90003A	6cm	£2.15
AA90003B	7cm	£2.20
AA90003C	8cm	£2.55
AA90003D	9cm	£3.00
AA90003E	10cm	£3.85



The NSD PowerBall

Its unique 'non impact' properties gently works every muscle in the forearm in every direction. Its smooth rolling motion also improves flexibility and blood flow in the wrist and will help in the prevention and rehabilitation of RSI, Carpal tunnel and Tendonitis.

Classic:	Loaded with a high performance 250Hz rotor.	
Auto Start:	Spring loaded starting mechanism.	
09 118 9406	Classic Blue	£19.05
09 118 9414	Classic Amber	£19.05
09 131 8138	Auto Start	£49.75



Thumper Sport Pro

The ultimate percussion massager for home use. Developed for active individuals who need to relax their muscles after exercise, and for those who don't get enough exercise and need to improve their circulation. Weighing only 3 pounds (1.4kg). It has an ergonomic handle that accommodates all hand sizes and helps you reach all muscle groups.

09 118 3383	£235.85
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Simply Putty®

Rehabilitation therapy for your hands. The Hygienic solution for single patient use putty. Each package contains one 50g portion of Simply Putty®, fresh and protected in a re-sealable foil package.

EX-600	Yellow	Soft	£5.70
EX-605	Red	Medium/Soft	£5.70
EX-610	Green	Medium	£5.70
EX-615	Blue	Firm	£5.70
EX-620	Flesh	Regular	£5.70



Pedal Exerciser

An upper and lower body exerciser in one. Excellent for gentle exercise at home. Has adjustment resistance knob and non-slip feet.

AA9058	£29.95
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Step It Lower Extremity Exerciser

Simulate walking and activate the calf muscles in your lower leg to increase blood circulation.

09 151 1948	£15.55
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Pill Crushers

These pill crushers use a simple screw action to crush uncoated pills into a powder ideal for mixing in a drink or putting in food. Available with or without a tablet splitter.

AA9934	A Without tablet splitter	£17.40
AA9936	B With tablet splitter	£17.65

Anabox® Pill Organisers

Modern and innovative pill organisers, ergonomically designed for easier handling. Daily and Weekly organisers feature bigger morning compartments when most medication is taken. With a unique sliding lid, they also have small bumps under the dispensers to prevent them sliding out the hand. All are made from high quality, dishwasher safe plastic.



Weekly

Contains seven semi-circular dispensers, featuring clearly labelled compartments. Each dispenser is tilted for viewing at a glance.

09 120 8073	White	£18.05
09 120 8081	Blue	£18.05
09 120 8099	Rainbow	£18.05



Opticare® Eye Drop Dispenser

An innovative design that lets you administer any eye medication simply and effectively directly into the eye. The large, chunky shape makes it particularly suitable for the elderly, those with arthritic hands or with a weak grip.

AA9951	£13.85
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Circulation Massager

New

The Circulation Massager improves muscle function by stimulating nerves increasing the flow of blood helping to reduce pain and tired and aching legs. This type of electrical stimulation is clinically proven to be safe and effective and can be carried out in the comfort of your own home. Mains powered.

09 151 8729	£135.95 (£108.76)
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Seven Day

These pill organisers have seven clearly labelled compartments, with flip lids for easier opening.

09 120 8107	Colour may vary	£5.35
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ANABOX®



Tabtime 5 Pill Organiser

New

This electronic pill box has 5 compartments and 5 daily alarms. Each alarm can be set to the exact time required and the compartments can be labelled to correspond to the alarms. It also features a countdown timer to alert the user at regular intervals up to 24 hours per day. Size 4 x 2 1/4 x 1 1/4".

09 117 8508	£19.20
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Poppet Pill Remover

An ingenious device that removes pills from their blister pack and collects them in its handle. From here the pill can be easily put into an organiser or used immediately.

AA9944	£7.90
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Medi-Dispenser

A plastic wallet with seven plastic containers each with compartments for four daily doses. The containers are printed with the day and embossed with the number of the day of the week.

AA9900Y	£20.55
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Mini Massager

This easy to use, compact and powerful massager has three different heads for specific areas of concentration. Batteries included.

AA9200A	£31.00
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Tapestry Pill Case

This luxurious weekly pill organiser with tapestry effect cover has seven separate trays. Each daily tray has four compartments labelled Morn, Noon, Eve and Bed in words and Braille.

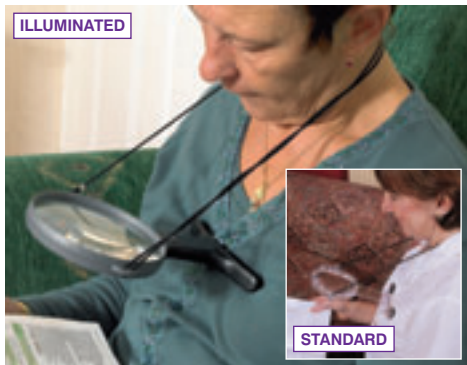
09 117 8482	£13.00
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High Vision Reading Light

These specially designed lamps use near daylight bulbs allowing you to read and concentrate for longer, helping to relieve eyestrain and headaches. The flexible arm adjusts the angle and ensures the light always shines at the right height and from the right direction. Supplied with 27w near daylight low flicker bulb that is energy efficient and lasts up to 8000 hours.

09 120 3710	Floor Lamp	£75.95
09 120 3728	Table Lamp	£52.95
09 120 3736	Spare Bulb	£12.35



Magnifier with Neck Cord

This magnifier hangs from the neck with the base resting against the body. The 4" lens is ideal for close work as it has a central high magnification area. Magnification x 3. Illuminated Magnifier requires 3 x AAA batteries (not included).

AA7246Y	Standard	£11.95
09 117 0075	Illuminated	£18.35



Pen & Pencil Holder

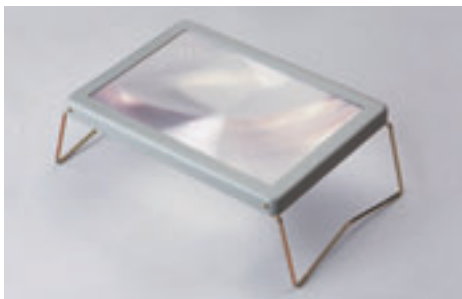
These soft PVC holders simply fit over normal sized pens and pencils to make them easier to grip and control writing.

AA7200SY	£4.00 (£3.33)
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Hold-It™ Book Holder Stand

The Hold-It was designed in collaboration with health professionals to help improve posture and help with painful necks, backs and hands. The Hold-It will accommodate almost any size of book, laptop or writing material weighing up to 4kg. Page holders keep the page in place and it can be angled infinitely, so you can read directly above you, or sideways. Each unit comes in an attractive and sturdy carry case with handle.

09 120 3751	£245.95
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Magnifier Sheet with Folding Stand

A frame with fold down legs to hold a plastic magnifying sheet, 3" above the surface for large areas of print. Sheets are available separately (10 x 7").

AA7255		£34.65
AA7250	Sheets (pair)	£10.65



Contour Rheumatic Pen

The lightweight, contoured shape of this ballpoint pen makes it ideal if you suffer from arthritis or rheumatism. It is easy to grip and virtually no pressure is required for writing. Parker refills are available at any good stationers. Length 6". Diameter 3/4". Weight 27g.

AA7217	£13.60 (£11.33)
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Bookchair® Deluxe

The original award-winning Bookchair helps to alleviate neck and back problems when reading, by helping to position text at eye level for optimum ergonomic comfort. It is also good for many other conditions including arthritic hands, where holding a book for long periods may be uncomfortable. The Bookchair adjusts to three different angles and holds the pages in place with unobtrusive pegs, which extend outwards for extra thick books. Folds flat when not in use.

106620	£21.40
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Hearing Amplifier

This hearing booster is a major breakthrough in sound interception and amplification. It allows you to hear the quietest of sounds indoors or outdoors making it ideal for listening to the TV or radio.

09 120 4361	£14.95
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Doro PhoneEasy 410 Clamshell Mobile Phone

This easy to use mobile phone has a stylish clamshell design, with large buttons and characters for simpler dialling and messaging. It benefits from a large, clear keypad with separated keys, a large, easy to read colour display and extra loud handset volume (+30dB). Features also include vibrating ringer, Bluetooth™ wireless technology, text messaging (send and receive), receive only MMS so you can also receive photos and emergency button on the rear. Hearing Aid Compatible (T3/M3 rating).

09 132 3393

£168.46



HandlePlus 334 Truly Simple Mobile Phone

Stay in touch anywhere with this extremely easy to handle mobile phone. With one press of a button you can answer incoming calls, dial any of four programmed numbers, place a call to emergency services or activate alert dialing and SMS to your four contacts. Hearing aid compatible, with up to 83dB(A) ringer volume. Charging cradle included.

09 120 2019

£153.00



PhoneEasy 338 Mobile Phone

The perfectly sized mobile phone for simply making and receiving calls. Dialing is easy thanks to three direct memory buttons, a large keypad and a phonebook for 50 names and numbers. It also has soft touch surfaces, speakerphone and optional receive-only SMS. Hearing aid compatible with up to 83dB(A) ringer volume. Easy charge cradle included.

09 120 2027

£137.95



PhoneEasy Display Telephone

This user friendly telephone has big button keys and an easy to use display with large characters. The extra loud ringer signal and handset volume can be easily adjusted and the speakerphone allows you to talk hands free. Hearing aid compatible and suitable for wall mounting.

09 118 6774

£43.00



PhotoPhone 100

The PhotoPhone100 can be used for picture memory dialling or standard numerical dialling. The big button telephone has an adjustable receiving volume (up to 30dB) and adjustable tone control (up to 10dB) as well as a visual ring indicator. It also features a hands free speakerphone, three one-touch memory buttons and eight photo ID memory buttons (the pictures can be customised or replaced). The ringer level is also adjustable.

09 132 3781

£39.95 (£33.29)



Amplicom PowerTel M4000 Mobile Phone

This easy to use mobile phone has a large colour display, large buttons and amplified volume. The phone is hearing aid compatible with a ringer volume up to 100dB and a handset volume up to 25dB. It benefits from three speed dial memory keys as well as send and receive text message function. Supplied complete with a desktop charging cradle.

09 132 4029

£92.50



Clearsound™ Portable Telephone Amplifier

This lightweight portable telephone amplifier is designed to strap over a standard telephone handset using the adjustable rubber strap. The amplifier can boost the incoming speech volume up to 20dB and it also has tone control with three positions available (Bass/Normal/Treble). Supplied with a soft carry case for transport.

09 120 3884

£14.50

MyDECT100 Amplified Cordless Telephone

The MyDECT100 has an adjustable receiving volume control up to 22dB and 5 levels of ringer volumes making it ideal if you are hard of hearing. The big button keypad and LCD screen with adjustable contrast it easy to use and handle. It also features caller identification, a talking time display and stores up to 50 contacts.

09 120 4015

£44.95



HearPlus 313c Amplified Telephone

The HearPlus 313 has large buttons and extra loud receiver levels making it ideal if you have hearing difficulties. It has three speed dials and 10 'two-touch' memory buttons so that contacts can be reached easily. The receiver volume is adjustable and hearing aid compatible.

09 115 8591

£68.60



Wooden Grab Rail

Made of beech with metal brackets at the end, this grab rail comes in three sizes. The underside of the rail is contoured and the whole rail is slightly squared to aid grip.

AA6034	11 ³ / ₄ "	£23.95 (£19.96)
AA6035	17 ³ / ₄ "	£27.40 (£22.83)
AA6036	23 ¹ / ₂ "	£31.05 (£25.88)



Prima Outdoor Grab Rail

This grab rail has been designed to help with entering and leaving the home. The subtle colour allows the bar to blend into its surroundings and be more discreet when positioned on brickwork. It also features soft, slip resistant rings around the bar to give superior grip.

09 115 8658 18" **£11.65** (£9.71)

You may also be interested in . . .

our full range of grab rails in our Bathing section found on page 18.



Essentials Large Key Safe

This secure lockable device is accessible via a keypad designed for the storing of keys near an entry door. The large key safe can store up to five large keys and the large push buttons are easy to use. Supplied with a weather proof neoprene cover.

09 132 4268 **£64.95**



Wake 'n' Shake Vibrating Alarm Clock

This stylish and modern alarm clock is ideal if you are hard of hearing or a deep sleeper. It features a large LCD display, and adjustable volume alarm (up to 95dB), a vibrating pad that can be placed under the pillow to prevent disturbing your partner and a strobe light. It has four alarm options: Shaker, Flash & alarm, Flash & shaker, Alarm & shaker. It can also be used as a telephone ring alerter.

105195 **£46.95** (£39.13)



Slimline KeySafe

This slimline KeySafe attaches to any wall or flat surface allowing you to store two to three Yale keys, or one to two Chubb keys safely. It has a black neoprene cover to protect it from the elements and discreetly hide it away from view. External size: 114 x 57 x 38mm (4¹/₂ x 2¹/₄ x 1¹/₂"). Internal size: 76 x 38 x 19mm (3 x 1¹/₂ x 3/4").

AA6505 **£78.25**



Home Safety Alert

A wireless panic and calling alarm system that has one main receiver and two pendants. The caller can choose between a standard call signal or panic alarm. Range 100ft.

AA7275 **£52.95**



Permanent KeySafe

This secure KeySafe attaches securely to any wall or flat surface allowing you to store four to five Yale keys or one to two Chubb keys. It is made from zinc alloy and is supplied with a neoprene cover and fixing bolts. External size: 108 x 63 x 50mm (4¹/₄ x 2¹/₂ x 2"). Internal size: 70 x 38 x 32mm (2³/₄ x 1¹/₄ x 1¹/₄").

AA6502 **£78.25**



Talking Atomic Watches

These attractive watches speak the time and date in a clear voice with radio controlled accuracy. Automatically adjusts between summer and winter time and has an automatic setting function by seeking the time signal in countries where available including UK, Germany, USA and Japan. It can also be manually set for countries with no signal. Includes an option of an alarm and hourly time announcement. The speech was recorded by the Royal National Institute of the Blind. Supplied with a silver tone case with stainless steel bezel and either leather strap or stainless steel bracelet strap. Battery included.

A 09 120 1714 Leather Strap **£61.95**

B 09 120 3660 Bracelet Strap **£69.95**



Talking Watch with Steel Finish

These attractive watches have a clear analogue face and speak the time and date in a clear English voice recorded by the RNIB.

Features an alarm function. Battery included.

09 132 9515 Mens Watch Leather Strap **£47.95**

09 132 9523 Ladies Watch Leather Strap **£47.95**

09 132 9564 Mens Watch Bracelet Strap **£54.95**

09 132 9572 Ladies Watch Bracelet Strap **£54.95**

REVOREACH



RevoReach™ is a range of well balanced, lightweight and robust reachers, developed to provide a secure and stable lift when picking up a wide variety of items. The 360° revolving jaw adjusts in 30° increments allowing objects to be picked up from a variety of positions. The Xcel has a soft touch slip resistant trigger that allows all fingers to be used when operating. The GripLock has a unique lock, which allows the jaws to be locked in place once an item is gripped as well as offering an innovative Grip & Hold function that allows the reacher to be set so that when the trigger is squeezed, the jaws automatically lock.

1	Xcel	Length	Weight	
	09 120 4825	660mm (26")	210g	£13.95 (£11.63)
	09 120 4833	810mm (32")	230g	£14.95 (£12.46)
2	GripLock	Length	Weight	
	09 120 4791	660mm (26")	220g	£14.95 (£12.46)
	09 120 4809	810mm (32")	240g	£15.95 (£13.29)



Window Pull

The Window Pull is specially designed to reach windows without the need to climb or stretch. Simply hook the collar over the window fastening, twist into place and push or pull the window to open or close. Available in two lengths.

AA6969	24"	£43.85 (£36.54)
AA6970	36"	£50.60 (£42.17)



Easireach II

Available as a standard reacher or in a folding version that can be folded in the centre for ease of storage and transportation. Includes a magnet, dressing hook, stick clip and rubber lined jaw.

AA8040	Standard 15"	£10.50 (£8.75)	AA8043	Standard 32"	£12.50 (£10.42)
AA8041	Standard 21"	£10.95 (£9.13)	AA8044	Folding 26"	£12.95 (£10.79)
AA8042	Standard 26"	£11.50 (£9.58)	AA8045	Folding 32"	£13.95 (£11.63)



Handi-Reacher™

A lightweight, robust reacher that will assist you to dress, draw curtains and pick up various objects from the floor or shelves. The head has a magnet for picking up small metal objects such as pins, and also a hook to aid dressing.

AA8054Y	24"	£12.50 (£10.42)
AA8056Y	30"	£13.55 (£11.29)
AA8058Y	35"	£14.25 (£11.88)



Crosshead Tap Turners

These tap turners simply fit over the top of capstan type taps to make them easier to turn. Supplied as a red and blue pair. Length 5 1/2".

The comfort grip version has a soft touch finish handle for improved comfort and grip.

AA6200Y	Standard	£6.55 (£5.46)
09 120 9485	Comfort Grip	£7.50



Crystal Tap Turner

This ingenious device clamps around crystal taps to provide additional leverage. Suitable for taps up to 2 1/3" in diameter.

AA6210Y	£16.30 (£13.58)
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Derby Half-Step

This plastic step halves the step rise for those with limited mobility. Complete with a slip resistant rubber mat. The four feet are adjustable to ensure that the step can be levelled. Length 15 3/4". Width 29". Height 4 1/4".

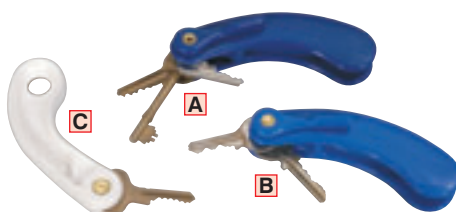
AA6552	£99.95 (£83.29)
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Contour Turner

A comfortable handle and gripping head, that will clasp stubborn knobs and taps, giving leverage to turn them on and off with minimal effort.

AA6230	£14.50 (£12.08)
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Foldaway Key Turners

These key turners hold one, two or three keys and offer a generous handle to assist turning. Keys fold back in towards handle.

A	AA6241	Three Key (dark blue)	£6.50 (£5.42)
B	AA6242Y	Two Keys (blue)	£5.75 (£4.79)
C	AA6240	One Key (white)	£5.00 (£4.17)



Yale Door Knob Turner

This soft plastic moulding fits over Yale type door lock knobs, to offer better grip and leverage when turning them. It can be left in position on the lock. Weight 50g.

AA6250W	£4.65 (£3.88)
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Step Stool

A sturdy stool with a non-slip textured mat on the step. Can be supplied with a hand rail to help give you extra confidence and stability. Rubber ferrules provide good grip on slippery surfaces. Surface 11 x 14". Height 9". Footprint 12 x 16".

AA6550	Without handrail	£35.95
AA6551	With handrail	£54.95



Comfort Grip Key Turners

These attractive key turners are similar in design to the standard key turners, but are supplied with a comfort grip overmoulded handle to provide additional grip and leverage. Available in either a one or two key version.

09 120 9535	One Key	£5.95
09 120 9550	Two Key	£6.95



Long Handled Dustpan & Brush

A plastic dustpan and brush that has 35" long handle to avoid bending down to sweep up. Clips together for storage.

AA6900	£12.95
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Dycem™ Non-Slip Mats

Flexible, heat resistant mats to stop items slipping around such as plates, cups, and craftwork. Available in different sizes, either round or rectangular, and in a range of colours: Choose blue (B), red (F), green (G) or yellow (I).

AA6810	5 1/2" Round	£7.45
AA6812	7 1/2" Round	£9.60
AA6814	10 x 7 1/2"	£12.85
AA6816	14 x 10"	£19.25
AA6818	15 x 18"	£32.10



Walsall Trolleys

An attractive trolley that's extremely useful for moving food or drinks around your home safely. It has angled handles to give you improved grip and stability, and the shelves have open sides for easy transfer. It's available with fixed or height adjustable legs and with either small 2" or large 4" castors for extra manoeuvrability.

Height to tray: Fixed height 28 $\frac{1}{2}$ ".
Adjustable 26 to 34".

Fixed height with standard castors

AA5960 £116.85 (£97.38)

Fixed height with large castors

AA5961 £132.45 (£110.38)

Adjustable with standard castors

AA5966 £156.95 (£130.79)

Adjustable with large castors

AA5967 £162.75 (£135.63)



Adjustable Walsall Trolley

Both the handle and tray heights of this trolley are height adjustable. Flat packed but easy to assemble without tools. Supplied with large castors for greater manoeuvrability. Height to handle 35 to 41". Upper tray height 26 $\frac{3}{4}$ to 33".

AA5969 £194.80 (£162.33)



Folds away easily for storage

Folding Walsall Trolley

This sturdy trolley can be folded away quickly and easily for transport or storage. Handles are height adjustable and angled for extra comfort, improved grip and stability. Height 35 $\frac{1}{2}$ to 41 $\frac{1}{2}$ ". Width 18 $\frac{1}{2}$ ".

AA5975 £131.10 (£109.25)



BEST SELLER

19 $\frac{1}{2}$ st

Walker Trolley

This height adjustable trolley is a sturdy and robust walking aid for use within the home. The clip on plastic shelves are easy to clean with a lip around the edge to prevent items slipping off. Lockable hand brakes provide additional safety when rising from a seated position. Handle Height 29 $\frac{3}{4}$ to 35 $\frac{3}{4}$ ". Overall Width 23". Overall Depth 22".

109 £119.50 (£99.58)



Adjustable Height Teak Shelf Trolley

This trolley has a plastic coated steel frame and is height adjustable from 32 to 38. The attractive teak shelves are laminated for durability and have raised edges to prevent items slipping off the edges. Height of top shelf 25 $\frac{1}{2}$ ". Height of bottom shelf 13". Tray size 15x11 $\frac{1}{2}$ ". Overall width 18". Overall depth 21".

199 £112.95

19 $\frac{1}{2}$ st

Newstead Trolleys

Traditionally styled, these smart trolleys have a beech finish with two cream coloured shelves. The lower shelf has a cut-away section to make walking easier and safer, and the far ends of the shelves are designed without a lip, to make it simpler to transfer food. Available with either small (1 $\frac{1}{4}$ ") or large (4") castors they can carry up to 15kgs. Height to handle 36".

Compact - Length 16". Width 16".

AA5912 Small castors £92.50

AA5913 Large castors £115.85

Standard - Length 22". Width 16".

AA5922 Small castors £97.30

AA5923 Large castors £121.70



COMPACT LENGTH

STANDARD LENGTH





Adjustable Wooden Bed Tray

Attractive, practical wooden frame bed tray. Adjustable to five different angles for reading, writing, etc. The legs fold out to allow the tray to be placed comfortably across the lap. Laminated top to allow easy cleaning. Size 12 $\frac{1}{4}$ x 21 $\frac{1}{4}$ ". Height 9 $\frac{1}{4}$ ", adjustable to 17 $\frac{1}{2}$ ".

AA5852 £26.15



One Hand Tray with Fold Down Handle

This tray has a low centre of gravity and a patterned surface reducing the risk of spillage allowing the tray to be carried with one hand. The handle can be folded for easy storage. Size when folded 20 $\frac{1}{2}$ x 12 $\frac{3}{4}$ x 1 $\frac{3}{4}$ ".

AA5815 £17.00

AA6826C Optional non-slip mat £12.20



Ergolipse® Standard **New**

The award-winning Ergolipse® Standard has been developed with physiotherapists and occupational therapists, to alleviate back pain and encourage better posture. It is designed to be used when sitting on a sofa or bed and is ideal for carrying out a wide range of activities or hobbies.

09 142 8937 £318.00



Stay Tray with Bean Bag

This tray has a bean bag attached underneath to allow it to sit comfortably on the knees in a stable position. The detachable bean bag has an attractive washable cover. Size 17 $\frac{1}{2}$ x 13".

AA5820 £39.40



Lap Tray with Non-Slip Mat

This lap tray provides a level, steady worktop for reading, writing or eating a meal. It has a detachable, washable bean bag that moulds itself to the contours of your knees to provide a stable surface. Supplied with a non-slip mat to prevent items from sliding on the tray.

09 118 0306 £24.30



Freehand Tray with Non-Slip Mat

This tray has a clip-on handle, to enable it to be carried with one hand, leaving the other free for opening doors etc. Supplied with non-slip mat. Tray size 13 x 17 $\frac{1}{2}$ ".

AA5810Y Complete £36.05

AA6826G Mat only £12.20



Sherwood Folding Perching Stools

These attractive folding stools have comfortable forward sloping seats and can easily be stored away when not in use. They have non-slip feet and are height adjustable from 21 to 24 $\frac{1}{2}$ ".

09 143 3697 Stool £79.95 (£66.63)

09 143 3705 Stool with back £87.50 (£72.92)



Perching Stool

Stool with forward sloping angled seat for easy resting. Padded seat and non-slip feet. Seat size 12 x 14". Simple to adjust the height from 19 $\frac{1}{2}$ to 25 $\frac{1}{2}$ ".

AA5436 £109.20 (£91.00)



Long Handled Milk Bottle Holder

Used to carry milk bottles easily and safely without having to bend to pick them up, leaving a hand free for support. The handle length is 24".

AA5382 £17.85 (£14.88)



etac®

Food Preparation System

This durable cutting board is ideal for those who have difficulty in gripping, or only have the use of one hand. The clamp can fix items such as tins or bowls, and the spikes keep vegetables still when peeling or cutting. Size 12½ x 11½".

AA5276 £78.80 (£65.67)

Kitchen Workstation

A multi-functional food preparation unit, that provides assistance with everyday kitchen tasks. Includes a removable grater and slicer, clamp, bread holder for one handed spreading and a removable stainless steel spike for holding fruit or vegetables. Dishwasher safe. Size 19¾ x 11¾".

AA5272

£64.40 (£53.67)

Assists with
many daily
kitchen tasks

**BEST
SELLER**



Plastic Spread Board with Spikes

This durable spread board features a raised L-shape in one corner to aid one-handed bread spreading. The stainless steel spikes hold bread or vegetables firmly in place while they are being chopped. Size 7⅞ x 10⅞".

AA528401 £10.90 (£9.08)

AA528402 Spare set of spikes £4.60 (£3.83)



Reflex Comfort Grip Utensils

This new range of knives has been ergonomically designed to prevent strain for those with weak wrists or poor hand control. The angled handle and slip resistant grip provide increased comfort, making food preparation easier. Dishwasher safe.

A	09 120 7794	Reflex preparation knife	£17.10 (£14.25)
B	09 120 7802	Reflex carving knife	£19.25 (£16.04)
C	09 120 7810	Reflex chefs knife	£20.65 (£17.21)
D	09 120 7828	Reflex slicing knife	£20.30 (£16.92)



Stainless Steel Cooking Basket

This stainless steel basket allows vegetables to be cooked and strained without ever lifting a pan full of boiling water. The large nylon handle is easy to grip and provides heat insulation. Diameter 6½" at the top tapering to 4½" at the bottom. Depth 3½". Also available in an 8" diameter version.

AA5351Y 6½" £20.80

09 117 7625 8" £21.85

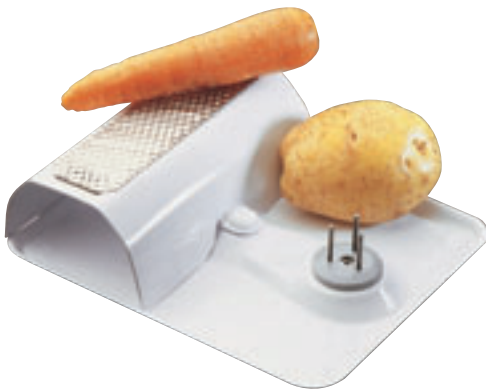
Reduces
wrist
strain



Doctor Cook Ergonomic Pan Set

This unique product applies basic ergonomics and bends the handle instead of the hand allowing you to hold the pan in a strong neutral wrist position. Made from high grade stainless steel, with a silicone coated handle and tempered glass lid.

09 118 7186 £92.70



Clyde Grater, Scraper & Spike

This useful device has a grating unit with a plated metal mesh blade for peeling or grating. A stainless steel spike attachment is also included for holding vegetables while peeling with a manual peeler. Size 7³/₇ x 9 x 2³/₄".

AA5214 £46.30 (£38.58)

You may also be interested in . . .

A kitchen workstation that provides assistance with everyday tasks.

See page 50 for further details.



Multi-Opener

A handy, multi-functional opener for bottle caps, screw tops and ring pulls. With non-slip handle for a better grip. Weight 42g.

AA5021 £8.95



One Touch Power Grater

With the touch of a button, this automatic hands-free or handheld gadget grates a wide variety of food and cheese into the container provided, or directly over a dish. Includes 2 blades for coarse or fine grating.

09 131 3659 £32.15



One Touch Tin Opener

This unique gadget automatically opens cans with one touch allowing them to be opened hands free.

09 116 8707 £30.35



Spillnot Jar & Bottle Opener

This useful opener has three sunken cones of different sizes lined with a non-slip material. When a jar or bottle is pressed in the appropriate cone, it is gripped leaving both hands free to twist the lid. It can also be used in conjunction with certain openers. Fitted with four non-slip feet for stability.

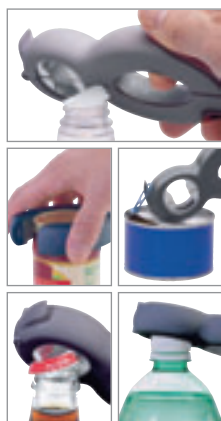
AA5080 £21.25 (£17.71)



One Touch Jar Opener

This useful gadget allows jars to be opened with ease. The clamps grip the jar and apply 25lbs of pressure to release the lid. Battery operated (2 x AA batteries included).

09 118 4290 £31.45



6-in-1 Multi Opener

This innovative Multi Opener has a comfortable grip and opens six different types of seals and lids with ease. It removes hard to grasp safety seals, opens metal bottle caps, can ring pulls and stubborn jar lids or bottle tops. It also features an enclosed blade for slicing open sealed bags.

09 116 8699 £12.80

Mighty Lever Jar Opener

This useful jar opener has a flexible steel band that clamps around jar lids to gain extra leverage. Fits lids ranging in size from 3/4 to 4 1/2".

AA5020 £13.40





One Handed Electric Tin Opener

A powerful yet simple tin opener designed to be safe and comfortable to use. It features a magnetic holder that secures it to the lid of the tin when opening and an ergonomically shaped handle making it easy to use with one hand. Size 8³/₄ x 3¹/₂ x 4". Weight 850g.

AA5107 £23.60

Useful
lever allows
safe use with
little effort



Universal Kettle Tipper

This innovative kettle tipper is especially useful for people with arthritis or weak grips. The lever allows the kettle to be poured safely and with virtually no effort. Designed to be compatible with most kettle types, including standard, jug and cordless kettles.

09 120 7281 £29.55 (£24.63)



Dycem Bottle Opener

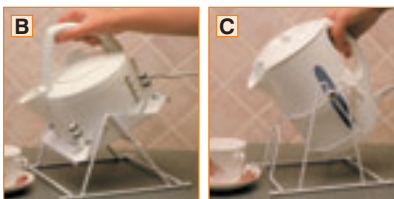
Dycem Bottle Openers maximise grip on small bottle tops such as drink bottles or medicine containers.

AA5005 Yellow £3.50
09 118 4118 Blue £3.50
09 120 2605 Silver £3.50

Kettle Tipplers

These tipplers are especially useful for people with weak or painful grips. The tilting platform enables the kettle to be poured safely and with virtually no effort. Available in three styles to fit almost any kettle.

- | | | |
|----------|---------------------------------------|------------------------|
| A | AA5771 Cordless Kettle Tipper | £36.00 (£30.00) |
| B | AA5770Y Standard Kettle Tipper | £32.75 (£27.29) |
| C | AA5774 Jug Kettle Tipper | £23.60 (£19.67) |



Provides
secure
support and
helps prevent
spillage



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Dycem Jar Opener

This opener takes the strain out of opening and tightening stubborn jars. The unique non-slip material grips the lid and the opener is dome shaped to fit comfortably into the palm of the hand.

AA5004 Blue £4.55
09 118 4100 Yellow £4.55



Bottle Opener

This flexible rubber bottle opener provides a firm grip on small tops such as drink bottles or medicine containers.

AA5070Y £6.90 (£5.75)



Cordless Mini Jug Kettle

A miniature cordless kettle ideal for boiling small quantities (max 1 pint). Extremely light and easy to lift making it ideal for taking on your travels.

AA5787 £39.65

Dignity by Wade Crockery Range

Innovative crockery range designed by Wade Ceramics Ltd, healthcare professionals, and Stirling University to make eating and drinking easier. Made from high quality vitrified earthenware which can be used in dishwashers, microwaves and freezers.



Dignity Wide Rim Bowl

This deep bowl is ideal for cereal and soups. Its wide rim allows the bowl to be gripped, making eating and scooping food easier. Capacity 425ml.

- 09 131 3683** White **£17.70** (£14.75)
09 131 3691 Green **£17.70** (£14.75)
09 131 3709 Yellow **£17.70** (£14.75)



Dignity Plate

This plate has an extended rim allowing it to be gripped when eating. Its vertical sides make scooping food easier, without spillages. 9" diameter.

- 09 131 3741** White **£19.85** (£16.54)
09 131 3758 Green **£19.85** (£16.54)
09 131 3766 Yellow **£19.85** (£16.54)



Dignity Two Handled Mug

This two handled mug makes drinking easier for those with a weak grip or tremor. Capacity 250ml.

- 09 131 3717** White **£12.60** (£10.50)
09 131 3725 Green **£12.60** (£10.50)
09 131 3733 Yellow **£12.60** (£10.50)



Dignity Two Handled Feeder Cup

This two handled feeder cup ensures ease of grip without the risk of spillages. The 1/2" spout controls the liquid flow allowing easier drinking. Capacity 250ml.

- 09 131 3774** White **£12.60** (£10.50)
09 131 3782 Green **£12.60** (£10.50)
09 131 3790 Yellow **£12.60** (£10.50)



Sure Grip Mug

This mug is ergonomically designed using grooves in the mug to provide a better grip. The unique lid enables flow control and a unique valve in the lid helps prevent spills if the mug is tipped over. Microwave and dishwasher safe up to 130°C. Supplied with either a lid with a small aperture for liquids or a large aperture for semi-solids.

- AA5723** Small Aperture **£6.40**
AA5723A Large Aperture **£6.40**



Shatterproof Mug

A tough, clear plastic mug with a large handle, supplied with two lids, one anti-spill, and one with a spout. The mug is dishwasher safe but not the lid. Capacity 400ml.

- AA5700** **£7.00** (£5.83)

Caring Mug

This clear mug has two large angled handles to assist weak or restricted grip. Available with fixed handles or adjustable handles to offer a customised grip. Supplied with a spouted lid. Capacity 300ml. Dishwasher safe.

- AA5710Y** Fixed handles **£10.10** (£8.42)
09 116 5406 Adjustable handles **£10.55** (£8.79)



Incurve Plate Surround

This flexible guard can be fitted to ordinary plates to assist with one-handed eating. Dishwasher safe. Plate size 7 1/2" to 10" external diameter.

- AA5662Y** **£5.15** (£4.29)



High Sided Plate

This plate has high sides to make it easier for the user to scoop up food without spilling it over the side. A wide contoured rim allows for better gripping. Microwave and dishwasher safe. A lid with clips and a suction seal are also available.

- 09 142 9323** High Sided Plate **£7.15** (£5.96)
09 142 9331 Lid **£4.50** (£3.75)
09 142 9349 Suction Seal **£3.10** (£2.58)



Deluxe Bibs

These bibs have a waterproof lining, wide shoulder protection and press studs for easy fastening. Machine washable. Available in three sizes: Medium 22 3/4 x 15"; Large 26 3/4 x 18"; X-Large 35 x 18".

- AA5691BM** Blue Medium **£21.80** (£18.17)
AA5691BL Blue Large **£26.60** (£22.17)
AA5691BXL Blue X-Large **£26.60** (£22.17)
AA5691FM Red Medium **£21.80** (£18.17)
AA5691FL Red Large **£26.60** (£22.17)
AA5691FXL Red X-Large **£26.60** (£22.17)



Bioprene Healthcare Bibs

These bibs are made using a unique material, which contains an anti-microbial agent, that kills most bacteria. They have a waterproof inner layer and a wipe clean, stain-proof nylon top layer. Small 11 1/4 x 19 3/4". Large 13 3/4 x 24 1/2".

- 09 115 8161** Small **£21.40** (£17.83)
09 115 8179 Large **£26.75** (£22.29)



Newstead Cutlery

This range of cutlery is designed to give a comfortable, soft, non-slip grip for people with arthritis, Parkinson's disease, neurological impairments or any condition that can cause poor grip. They allow a firm grip even in wet conditions. Dishwasher safe.

AA55200	Knife	£8.70 (£7.25)	AA55201	Fork	£8.70 (£7.25)
AA55202	Spoon	£8.70 (£7.25)	AA55203	Teaspoon	£8.70 (£7.25)
AA55204	Set	£33.80 (£28.17)			



**BEST
SELLER**

Sure Grip Bendable Utensils

These spoons and forks are bendable to any angle to provide a comfortable position. The built-up ribbed rubber handles are comfortable to hold and improve grip. Dishwasher safe.

A703205	Teaspoon	£10.10 (£8.42)
A703206	Tablespoon	£10.10 (£8.42)
A703207	Fork	£10.10 (£8.42)
A703208	Rocker knife	£10.10 (£8.42)
A703209	Set	£34.85 (£29.04)



Lightweight Foam Handled Cutlery

Good looking and very practical, these chunky utensils come with soft, light grey foam handles which are very comfortable and easy to grip. Length of handle 4 1/2". Diameter of handle 1 1/4".

AA5550	Knife	£10.15 (£8.46)
AA5551	Fork	£10.15 (£8.46)
AA5552	Spoon	£10.15 (£8.46)
AA5553	Teaspoon	£10.15 (£8.46)
AA5554	Set	£39.30 (£32.75)



Caring Cutlery

Stainless steel utensils with built-up handles for those with a weak grip and restricted wrist or finger movement. Length of handle 5".

AA5570	Knife	£7.95 (£6.63)
AA5571	Fork	£7.95 (£6.63)
AA5572	Spoon	£7.95 (£6.63)
AA55721	Teaspoon	£6.90 (£5.75)
AA5573R	Right handed spoon	£8.35 (£6.96)
AA55700Y	Set (Includes knife, fork, spoon & teaspoon)	£20.70 (£17.25)



Queens Cutlery

A wide range of stainless steel utensils mounted in a built-up plastic handle for those with weak or restricted grip. The handle is cylindrical to assist with gripping. The items are hygienically sealed, easy to clean and are dishwasher safe. Length of handle 3 5/8". Diameter of handle 1 1/4".

AA5500A	Knife	45g	£9.40 (£7.83)	AA5501A	Fork	45g	£9.40 (£7.83)
AA5502A	Spoon	45g	£9.40 (£7.83)	AA5503A	Junior spoon	45g	£11.40 (£9.50)
AA5517Y	Set		£36.00 (£30.00)				

Knork™ Knife & Fork Combination

Stylish fork with wide, rounded and bevelled outer tines that will safely cut food like a knife, without a sharp edge to cut the mouth. It slices through food with a rocking motion which is facilitated by a finger platform on both sides of the handle. Suitable for both left and right hand users. A foam handle attachment is available for improved grip.

09 117 7856	Standard	£13.30
09 120 1763	Foam Handle	£5.65



Revatak Solo QS 4

The Revatak Solo QS4 is in a league of its own with unlimited additional extra available during the bespoke service



CALL FOR NATIONS LOWEST PRICE!

- Torsion suspension on the front and rear wheels,
 - Strong chair available in several degrees of rigidity
 - Cruise control. Set speed without pulling the accelerator lever. Can be turned off in 6 ways.
 - Optional increase maximum carrying capacity up to 200 kg.
 - Comfortable steering and clearly arranged control panel.
- The following can be read off: km/h, total mileage, trip mileage, time, date, outside temperature.
- Spacious footrest enabling you to ride with stretched out legs in a relaxed manner.
 - Indicator lights turn off automatically after completing the turn.
 - Bespoke hand built mobility scooter

The Rascal 329 LE

The Electric Mobility Rascal 329LE disabled scooter has a maximum range of 35 miles



CALL FOR NATIONS LOWEST PRICE!

- Sliding seat with backrest adjustment for comfort.
- 73amp batteries for miles of use.
- Plenty of power for all terrains.
- Available in Black and Red.
- Proportionally adjustable speed control
- Fully adjustable handlebars
- Class 3 for pavement and road use
- Front and rear coil suspension
- "Just-one-hand" controls - Starting, steering and stopping are easily controlled with one hand

The Liberty 4

The Liberty 4 Mobility Scooter



CALL FOR NATIONS LOWEST PRICE!

- Four wheel car transportable scooter
- Comfortable swivel seat
- Chunky hand grips- easy to use controls
- Extra wide tyres
- Removable battery pack-off board charging tiller lock to secure during dismantling
- Fits into most car boots

Elegance 4 Plus

The Elegance 4 Plus brings you a whole new level of freedom and flexibility,



CALL FOR NATIONS LOWEST PRICE!

- Optional front basket and seat rotation kit.
- Stylish 9" alloy wheels
- Under seat basket for storage
- Option to upgrade your battery capacity to travel further in confidence
- Multi-position tiller to make your riding position comfortable
- Comfortable padded seat and armrests
- Highly manoeuvrable and stable
- Easily dismantles for car transport

The Liberty 5 (NEW!)

The new liberty 5 portable mobility scooter



CALL FOR NATIONS LOWEST PRICE!

- Two-piece chassis
- Two additional balance wheels
- Excellent leg room
- Fantastic manoeuvrability
- Self-centring magnetic castor wheel
- Range per charge: 10km/6.4miles
- Solid Tyres as standard
- Carry Bag Available

Excel G2 Wheel chair



*£359.88 Inc VAT

- Steel wheelchair with foldable frame
- 19 mm hand rims on rear wheels
- Removable long armrests (optional desk arms)
- Removable and swing away footrests
- Optional Extras: Elevating leg rest, Amputation support, Armrest desk type
- Standard frame colour: blue metallic
- 5 Seat width 40cm, 42½, 45cm, 50cm, 55 cm
- Backrest height 43 cm
- Weight (total) 19.5 kg
- Weight largest part 12.5 kg
- Maximum user weight 125 kg.

Globe traveller Ultra Lightweight Travel Chair



*£215.99 Inc VAT

- Attendant handbrakes
- Half folding backrest
- Seat belt fitted as standard
- Swing away footrests
- Foldable seat and upholstery
- Parking brake
- Puncture proof front wheels
- Maximum user weight 15.5 stone (100kg)

Excel G-Lite Compact foldable aluminium Transit Wheelchair



*£275.99 Inc VAT

- Compact lightweight folding aluminium wheelchair
- Folding down back
- Very Light weighing around 8.9kg
- Available in 2 seat widths - 16 & 18 inches.
- Maximum user weight 100kg.(15.7 stone).
- Height adjustable desk armrests,
- Quick release detachable and swing away footrests.
- Wheelchair is also available in a Self Propel version

G5 Self Propelled Wheelchair

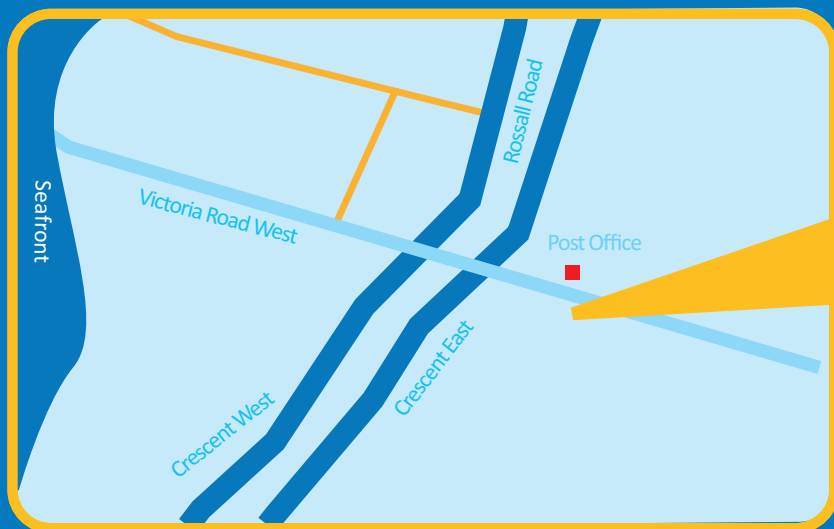


*£419.99 Inc VAT

- Aluminium lightweight wheelchair with foldable frame
- Rear wheels, polyurethane (PU), flat free
- Quick-release axles on rear wheels
- Tension adjustable seat upholstery
- Backrest equipped with 8 tension straps
- Wheelbase adjustment through rear axle plate (3 positions, of which 1 amputee)
- Nylon heel straps on foot plates
- Adjustable angle footplate from 90-105 degrees
- Tension bar with fold down mechanism
- Standard amputee equipment

Handy Healthcare

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